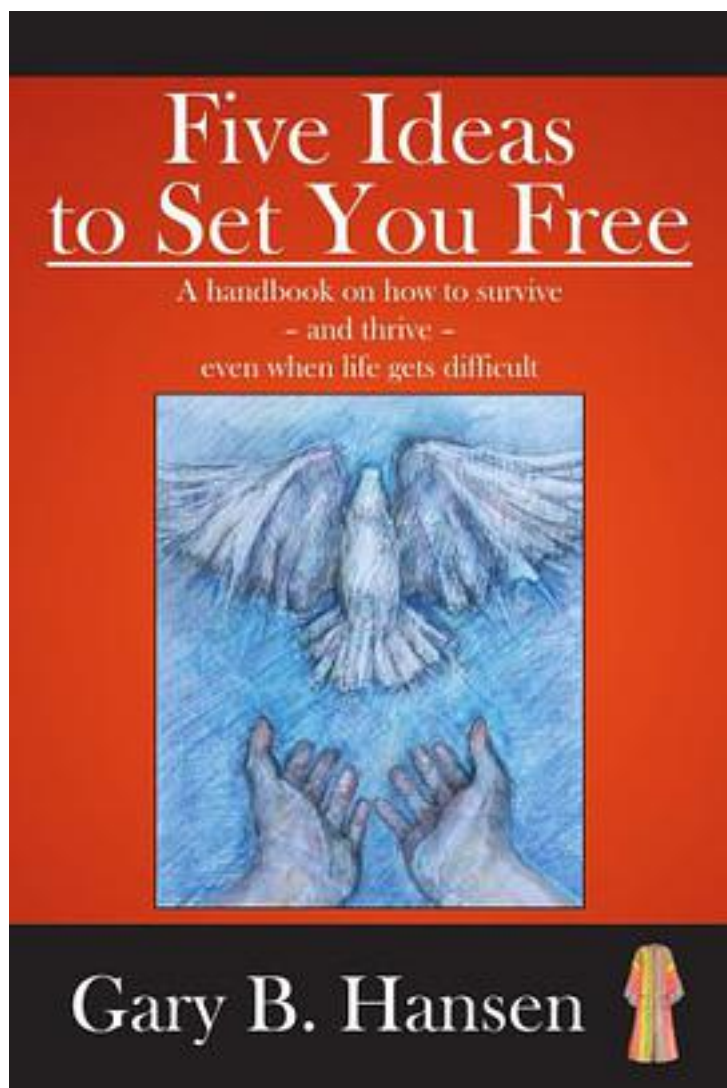


Five Ideas to Set You Free



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Do you wish you could be free from stress, worry, unhappiness, and disappointment? Free to enjoy life more, to face life with optimism, and to accomplish all that you'd like to accomplish? This book describes five simple ideas which can help you achieve that kind of freedom. The formula for happiness outlined here is based on secrets to happiness which have been taught by great thinkers around the world and throughout the ages. The formula is easy to understand and to apply. So prepare yourself to be set free (This book is a simplified, outline version of a more in-depth treatment of the subject by the author in his book entitled The Teacher in the Desert.)

作者介绍:

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