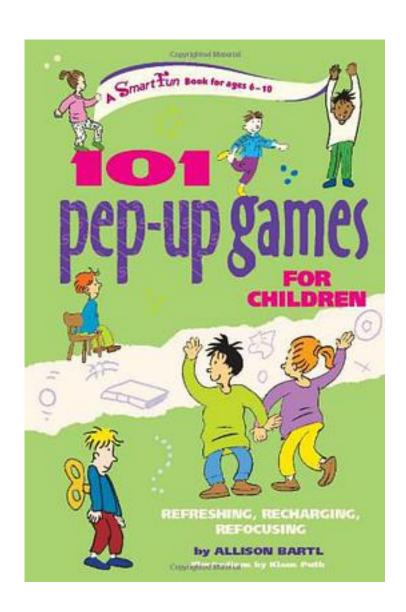
101 Pep-up Games for Children



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著者:Bartl, Allison/ Puth, Klaus (ILT)

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Children often find it difficult to make it through an entire day of structured activity — be it school, daycare, camp, or a boys/girls club. These games and activities are the remedy. Refocusing a child's mind after a long lesson or event, they re-energize youngsters and improve the mood of any group. Many incorporate call-and-response and improvisation, strengthening a child's cognitive skills while relieving fatigue and facilitating concentration. Each game requires only the children, a leader, and a heavy dose of enthusiasm — no props or preparation necessary! The book is clearly written and easy to follow, and its infectious sense of fun makes each of these activities the perfect antidote to late-afternoon weariness.

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