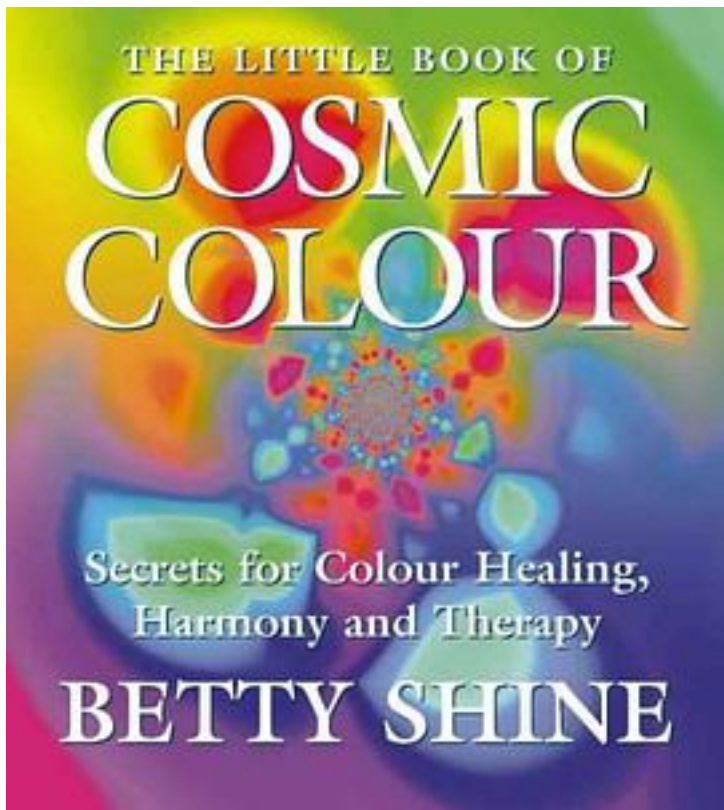


The Little Book of Cosmic Colour



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This pocket companion shows how using appropriate colours at different times, you can bring balance and harmony to your life. Betty Shine shares the secrets of using colour to stimulate your senses and emotions, heal ailments and improve your confidence. She also shows how to "feel" invisible auras and how to use colour more effectively in the home, at work, and in what you wear.

作者介绍:

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