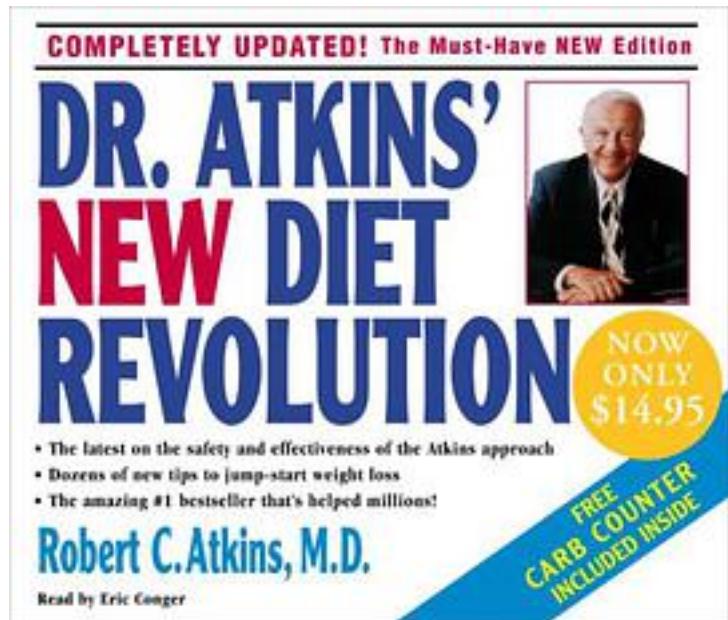


# Dr. Atkins' New Diet Revolution Low Price CD



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Weight Loss, Weight Maintenance, Good Health and Disease Prevention Through the Atkins Nutritional Approach™ Dr. Atkins' New Diet Revolution has helped millions lose weight and get healthy. Now the world's #1 diet and complementary medicine expert has updated his proven program for a new century -- offering essential new information based on scientifically supported controlled carbohydrate principles. The updated New Diet Revolution includes: All you need to know to achieve permanent weight loss and a lifetime of well-being Brand-new case studies The very latest scientific research! With Dr. Atkins' New Diet Revolution , you can eat the delicious meals you love and kick-start your metabolism so that you burn fat for energy. You can reduce the risk factors associated with certain major health problems, including cardiovascular disease and diabetes. Atkins will help you re-energize your life by rebalancing your nutrition so that you look good, feel good, lose weight and keep it off.

A carbohydrate counter is included. Read by Eric Conger.

作者介绍:

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