

I Have IBS...Now What?!!!

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The book, I Have IBS, Now What? was written by Ashkan Farhadi, MD, MS, FACP, a leading gastroenterologist based in Chicago. Dr. Farhadi wrote this book years ago, as a resource for patients who were newly diagnosed with irritable bowel syndrome (IBS). The first edition of the book, written in 1996, sold over 10,000 copies. A second edition was published shortly thereafter. The new 3rd edition features the most up-to-date information on IBS including new advances in the field. Additionally, this edition includes the opinion of additional experts. There is also a special focus on coping with IBS from a psychologist who specializes in patients with gastrointestinal disorders. This book, I Have IBS, Now What? compiles real patient questions posed to Dr. Ashkan Farhadi over his years of practice into a first rate guide for patients with irritable bowel syndrome.

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