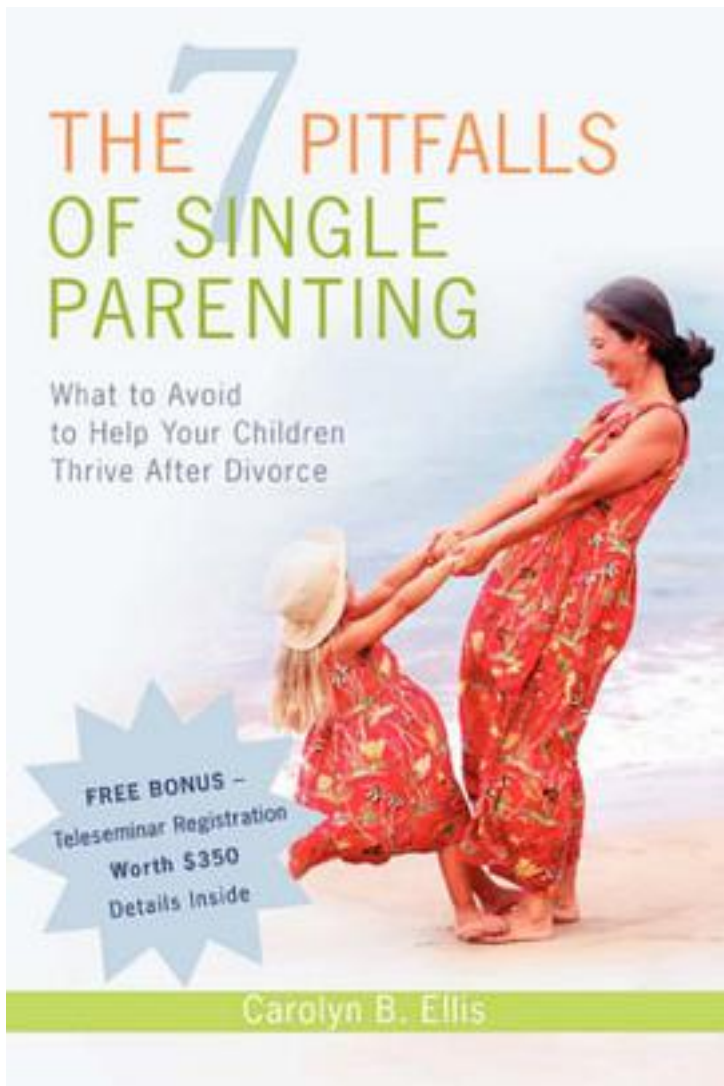


The 7 Pitfalls of Single Parenting



[The 7 Pitfalls of Single Parenting_ 下载链接1](#)

著者:Ellis, Carolyn B

出版者:

出版时间:2007-8

装帧:

isbn:9780595426164

Drawing from her own experiences as well as from in-depth studies on personal development, Carolyn B. Ellis offers the ultimate "how-to" guide for successful single parenting. "The 7 Pitfalls of Single Parenting: What to Avoid to Help Your Children Thrive After Divorce" is a simple, yet powerful handbook for parents who are concerned about the impact of divorce on their children. Single parents often fall prey to seven common and self-defeating pitfalls in the aftermath of divorce. While often made with the best of intentions, these mistakes-if not corrected-can have negative, long-term impact on both you and your children. These pitfalls include not putting the needs of your children first, parenting from guilt, and living in chaos. Designed for single parents in the trenches, "The 7 Pitfalls of Single Parenting" dissects each blunder, offers anecdotes from Ellis's experience as a single mother of three school-age children, and shares interviews with single parents and divorce experts. Explained with compassion, humor, and wisdom, this invaluable guide will help you develop your parenting resilience and improve the emotional health and well-being of your children.

作者介绍:

目录:

[The 7 Pitfalls of Single Parenting 下载链接1](#)

标签

评论

[The 7 Pitfalls of Single Parenting 下载链接1](#)

书评
