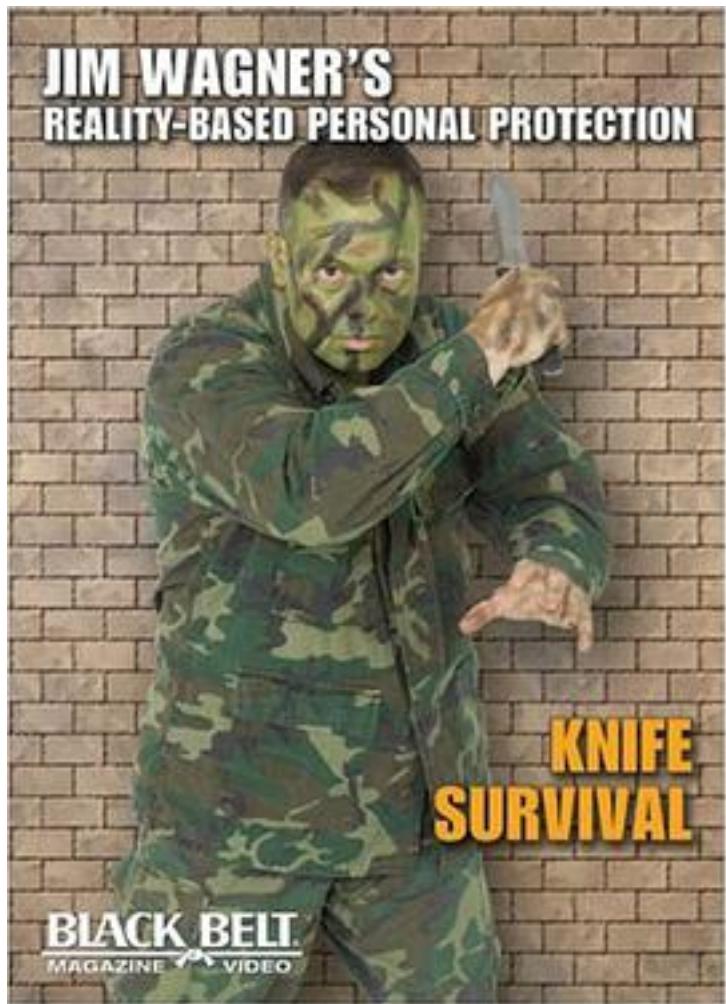


Knife Survival



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著者:Wagner, Jim

出版者:

出版时间:2003-9

装帧:

isbn:9781581332377

Going step-by-step through the 12 angles of knife attacks, the four primary blocks, the

proper grip, and the Jim Wagner knife-disarm rule, this video guide includes proven conflict drills designed to increase speed and reaction time - the feeding drill, the one-for-one drill, and the freestyle drill. The approximate running time is 58 minutes.

作者介绍:

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