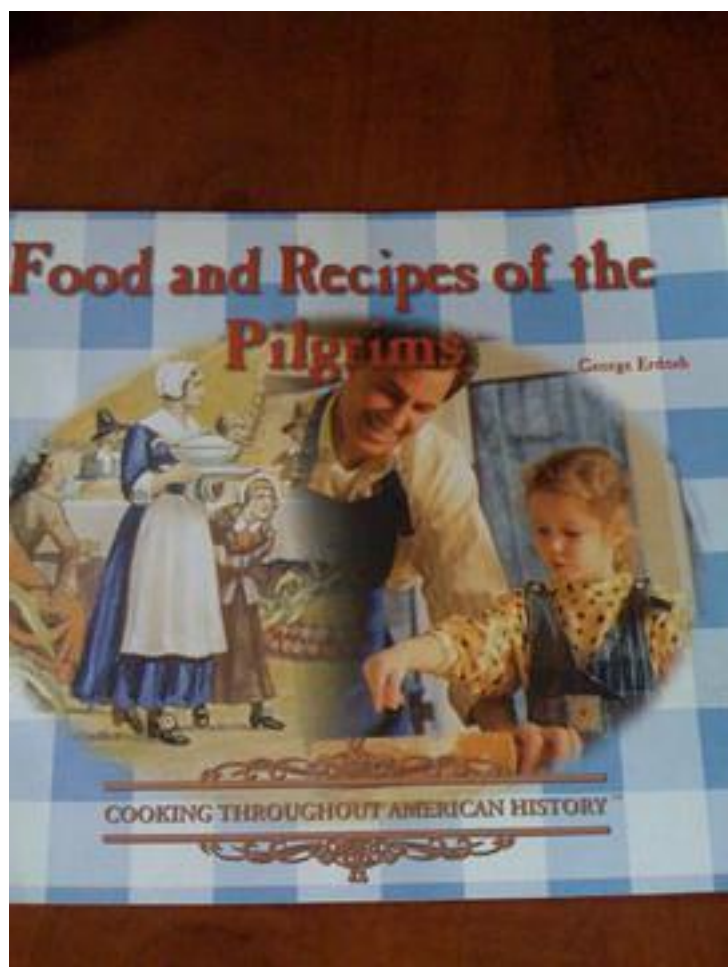


# Food and Recipes of the Pilgrims



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著者:Erdosh, George

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Chock full of recipes with step-by-step directions for kids to follow, this series is a unique way for kids to eat their way through American history. Many modern historians

think the history of mankind is not to be found solely in the decisions of rulers and battles won or lost, but in the lives of everyday people. Looking closely at the environment, economics, eating habits, and favorite foods of our American forebears teaches us volumes about their world and ours. When the seeds that the Pilgrims brought with them from England refused to grow in American soil, the settlers turned to the Native Americans for guidance. Students will learn the true spirit of Thanksgiving as they make the baked butternut squash and Pilgrim's honey apples that fed our hungry forefathers and mothers.

作者介绍:

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