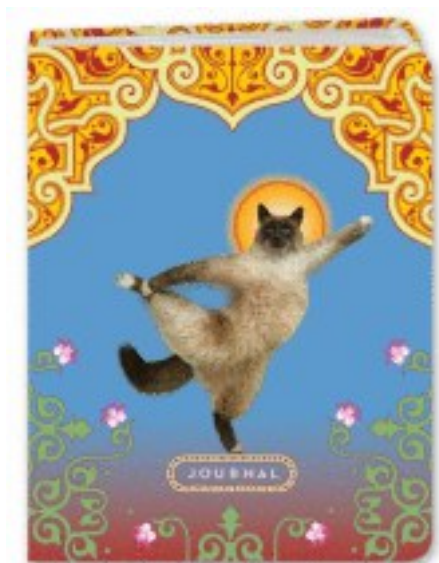


Cat Yoga Mini Journal



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Guide your feline down the path to spiritual enlightenment (or merely jot down notes for yourself) with this mini journal, featuring various and hilarious silhouettes of cats in paw-inspiring yoga positions as well as brief descriptions of the health benefits of each pose throughout its pages.

(No cats were harmed in the process of this endeavor)

作者介绍:

Rick Tillotson is a software consultant from Pismo Beach, California, with a background in psychology. He has three cats: Huffer, Poe, and Julian. This is his first book.

目录:

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