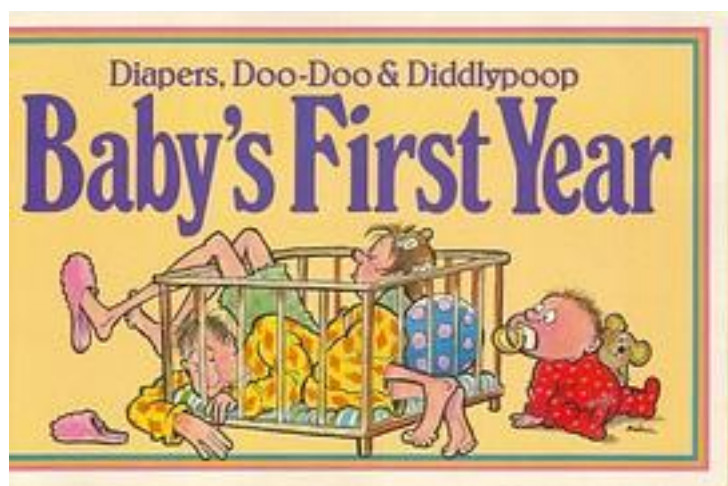


# Baby's First Year



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A beautifully illustrated record book to chronicle all the special moments in a baby's first year. It begins before the birth, where information such as the family tree, ideas for names, and thoughts on the baby's arrival can be recorded and runs through to the baby's first birthday. The book includes simple prompts to ensure no special moments are forgotten, as well as plenty of space for parents to write their observations and thoughts. These prompts encourage the reader to record day-to-day routines, such as feeding and sleeping patterns; likes and dislikes, for example, "my favorite bathtime toy" and "what I liked to eat"; and the baby's "firsts", from her first night at home, to her first smile, and her initial tottering steps. There is also space to record information about the world the baby was born into, such as the name of the prime minister or president, popular music, and prices of stamps and milk.

A month-by-month section allows the parents to keep track of their baby's constant achievements and changing behavior and also includes advice from Annabel Karmel on the baby's development and handy tips to encourage her development. Eight

recipes are punctuated throughout the book to inspire parents to make delicious, healthy food for their babies at various stages and also recipes for celebrations, such as a cake for the first birthday. Pockets and spaces for photographs are included throughout to ensure that every landmark is chronicled. This book is a wonderful and unique memento of a child's first year that parents will look back on and share with their child in future years.

作者介绍:

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