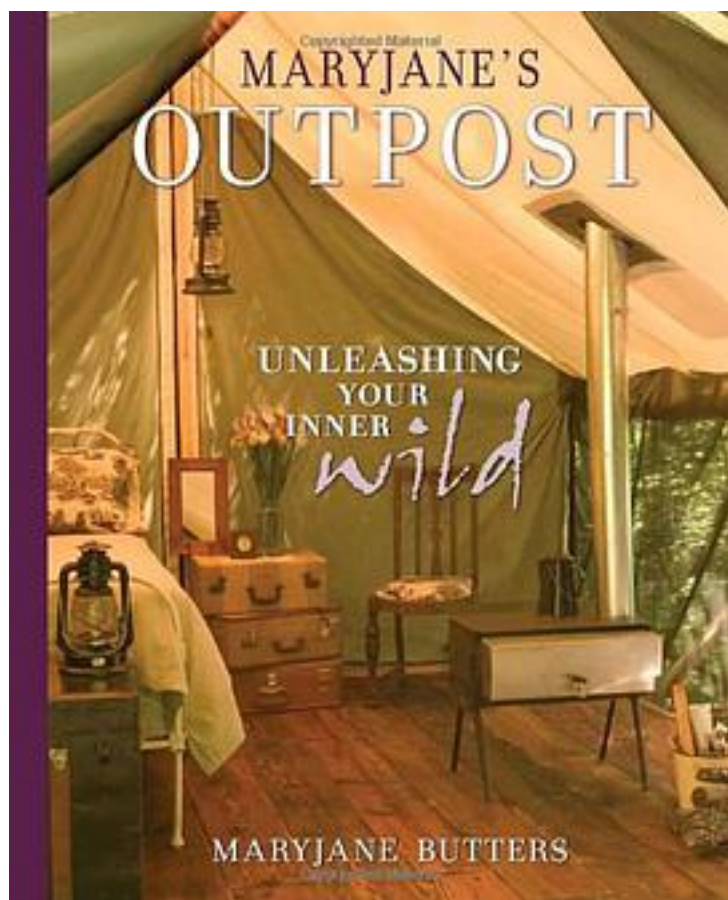


MaryJane's Outpost



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著者:Butters, MaryJane

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Get out! No matter what your age, MaryJane Butters walks you to the door and OUT you go. Wilderness ranger turned Idaho organic farmer, MaryJane is a woman OUTSIDE ... the norm. Drawing from her own diverse background, she'll show you exactly HOW to get outdoors—and what to do once you're there.

Think and get inspired in her OUTTHINKING chapter. Head to your porch, yard, or rooftop, using the innovative and easy suggestions you’ ll find in OUTBOUND. Kick up a little sass with her ideas in OUTRIGGED, joining the ranks of “reel” women who go tramping (trailer camping), or wily huntresses who take the kind of “heart shots” that knock ‘em dead and into the freezer. In OUTSTEPPING, learn to load a backpack with her unique high-protein meal plan that won’ t break the bank or your back.

And throughout these pages you’ ll encounter the inspirational stories of OUTSPOKEN women who’ ve blazed the trail and beyond. By the time you turn the last page, you’ ll be going flat-OUT for all the world to see.

作者介绍:

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