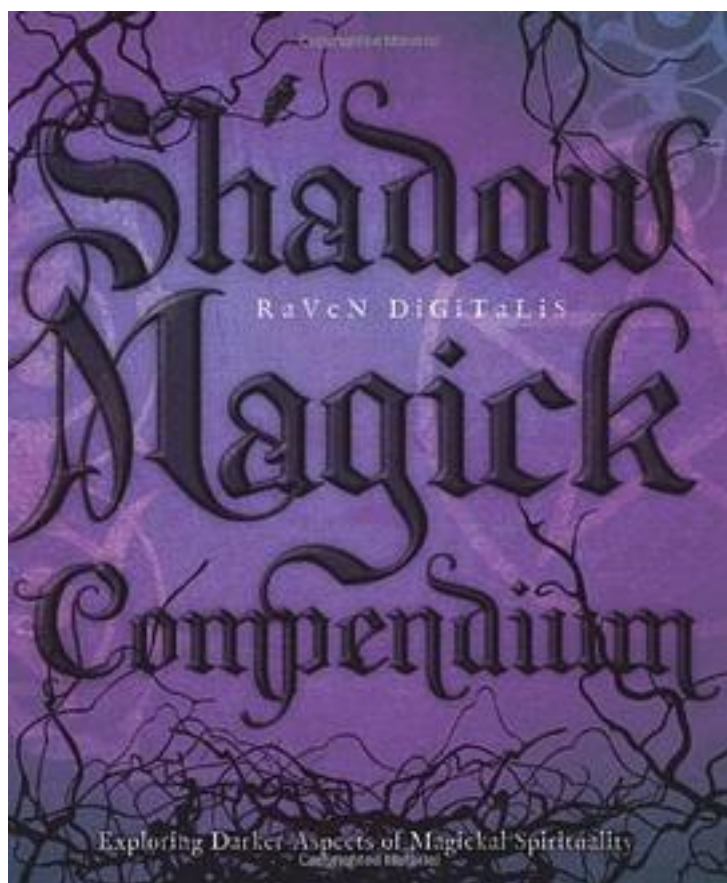


Shadow Magick Compendium



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Everyone has a shadow, a dark side. Exploring the shadow self is not only safe, it's necessary for balance and healing. The author of "Goth Craft" invites you down a unique magical path for navigating inner and outer darkness and harnessing the shadow for spiritual growth. "Shadow Magick Compendium" sheds a positive light on this misunderstood and rarely discussed side of magical practice. There are ritual

meditations for exploring past experiences, dispelling harmful behaviour patterns, and healing a fractured soul. You can learn how to fast safely and perform other methods of self sacrifice, invoke a deity into yourself (godform assumption), get in touch with your Spirit Animal, take advantage of the Dark Moon and eclipses, and perform a unique ritual with your television for a new perspective on society. From astral journeys to sigils to dark herbs, you'll find an array of magical techniques to navigate the shadows and mysteries of yourself and the world at large. Raven Digitalis is a Neopagan Priest of the "disciplined eclectic" shadow magick tradition Opus Aima Obscurae and holds a degree in anthropology. He is co-owner of a metaphysical business and is a gothic-industrial radio and club DJ.

作者介绍:

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