1000 IQ Puzzles



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There is one fact on which all experts of the brain agree - the brain benefits from regular exercise in much the same way as muscles do. In fact, the brain not only benefits from this training - it thrives on it. IQ puzzles are especially good training for the brain and are now increasingly being encountered in applications for employment in government, education, industry and commerce. Creative thinking, deductive reasoning and puzzle solving are all excellent areas for building up your mental muscle. This book gives your brain the opportunity for serious regular exercise. This book gives your brain the opportunity for serious regular exercise. These are

Mensa-level puzzles and perfectly qualified to provide the equipment for a daily workout for your most important muscle.
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