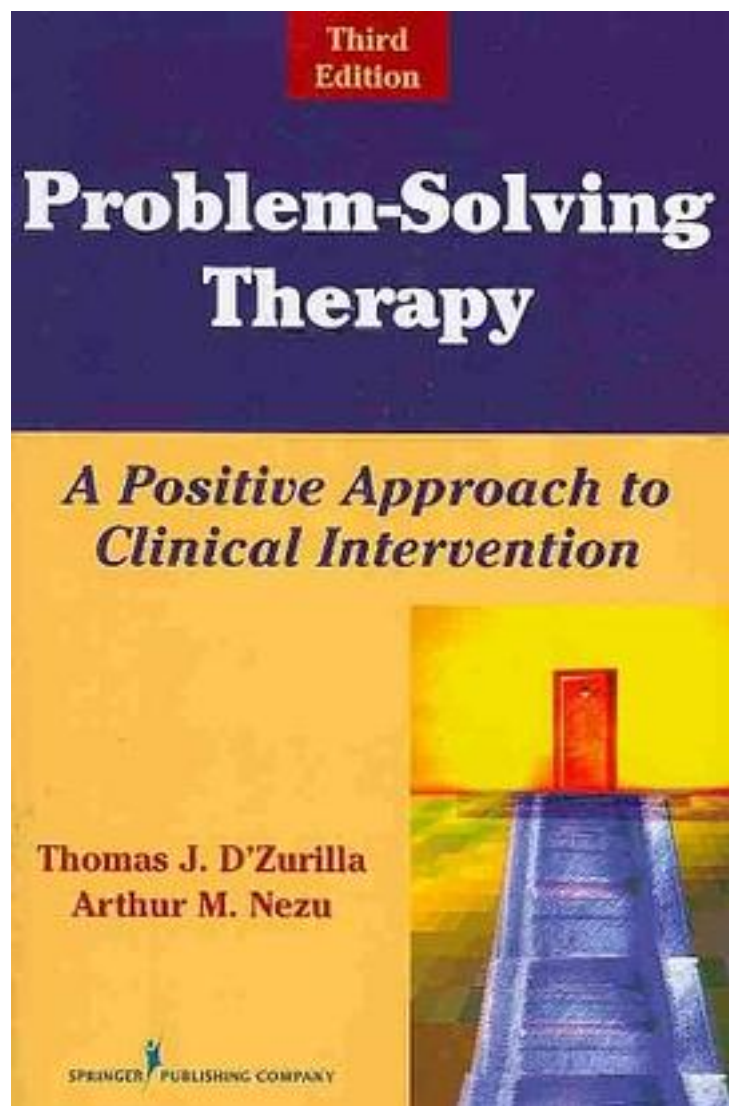


# Problem-Solving Therapy



[Problem-Solving Therapy 下载链接1](#)

著者:Nezu, Arthur M./ D'zurilla, Thomas/ Nezu, Christine Maguth

出版者:

出版时间:2006-9

装帧:

isbn:9780826114877

This two book set features the third edition of the very popular "Problem-Solving Therapy: A Positive Approach to Clinical Intervention" by Thomas J. D'Zurilla and Arthur M. Nezu, along with its informal "manual" accompaniment, "Solving Life's Problems: A 5-Step Guide to Enhanced Well-Being" by D'Zurilla, Nezu, and Christine Maguth Nezu. In the new updated edition of "Problem-Solving Therapy," the authors present some of the most useful advances in problem-solving therapy (PST) today. An excellent resource for maximizing positive patient outcomes, this all-inclusive guide helps enhance your problem solving skills and apply successful clinical techniques to help your clients improve their lives. Known for its presentation of solid research results and effective PST training tools, this best-selling guide has been fully updated. "Solving Life's Problems" is a more practical, hands-on guide, drawing on the decades of clinical research behind "Problem-Solving Therapy" to offer accessible and effective problem-solving skills for coping with life's difficulties. As such it is written not only for professionals advising clients but for anyone and everyone facing any sort of problem, from stress, depression, and anxiety, to marital difficulties, health conditions, and substance abuse. Purchase of the two books as a set will get you these life-changing texts at an \$7.00 savings over the two books bought individually.

作者介绍:

目录:

[Problem-Solving Therapy\\_ 下载链接1](#)

标签

GTD

评论

-----  
[Problem-Solving Therapy\\_ 下载链接1](#)

书评

-----  
[Problem-Solving Therapy\\_下载链接1\\_](#)