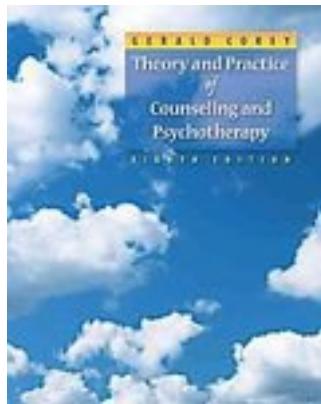


Theory and Practice of Counselling and Psychotherapy



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To help your students apply theory to practice, this manual contains structured self-awareness exercises that help students gain a deeper self-understanding and grasp the concepts of the various approaches. Also included are self-inventories, activities, and self-test questions, as well as study questions and exercises based on the "Theory in Practice: The Case of Stan" DVD.

作者介绍:

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标签

Counseling

教材

心理学

心理咨询

Psychology

PSY

Career

评论

作为入门级的教科书而言，这本很棒：系统地介绍了现有的咨询理论流派；但也仅仅只能作为introductory book。就具体地细节而言，这本就像是那些流派著作的目录大纲而已，没有实在的具体内容，这就容易导致基于同一理论基础的不同流派在作者的介绍下，有的只是不断的重合的概念和不同的术语，让读者反而更摸不着头脑，看不到不同流派之间区别。

counselling教材

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书评

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