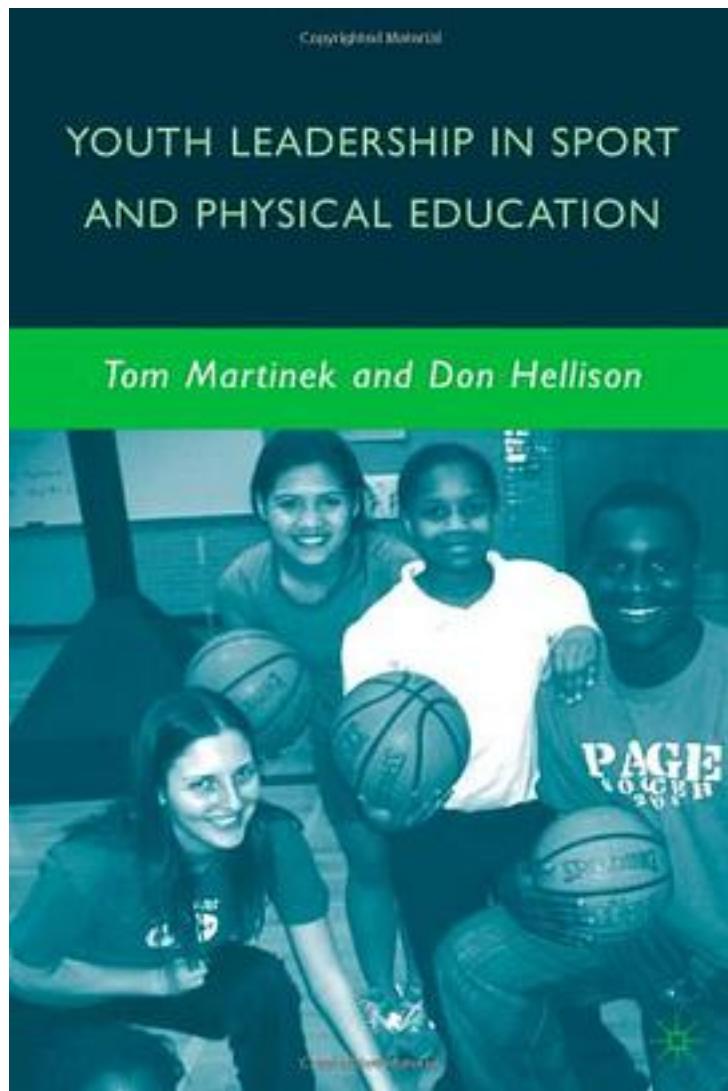


Youth Leadership in Sport and Physical Education



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The emerging field of youth development has recently focused on ways of fostering leadership qualities in young people. Embracing the notion that children are capable of being leaders when given the chance, Martinek and Hellison describe actual programs that have been developed. These programs become the basis for a range of recommendations for planning, conducting, and evaluating leadership programs for urban youth, which are easily transferable to all young people in general. This book is useful for teachers, coaches, and youth agency program leaders, with ideas suitable for children in fourth grade through high school.

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