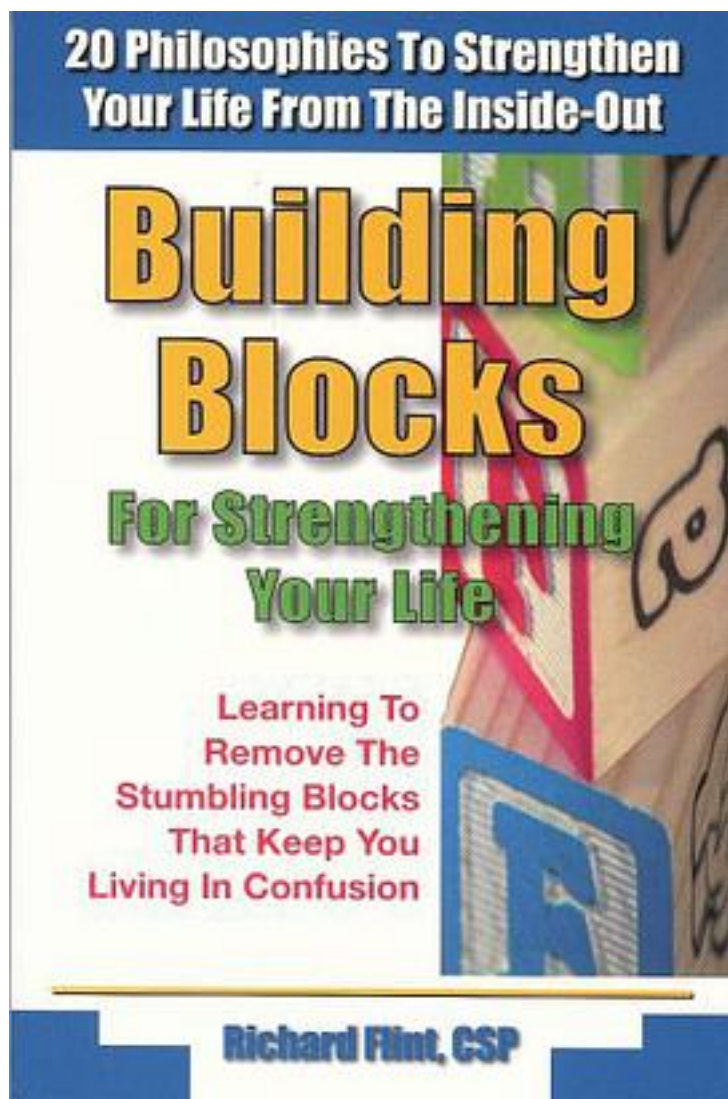


# Building Blocks for Strengthening Your Life



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Complications, struggles and frustrations are the result of the choices the individual makes. Each choice either strengthens life through clarity or weakens it through confusion. The guiding force becomes the foundation of principles life is built on. The foundation is either made up of stumbling blocks or building blocks. "Building Blocks For Strengthening Your Life" examines 20 life strengthening principles that can turn a life filled with stumbling blocks into a journey designed to experience true happiness, personal fulfillment and personal freedom.

作者介绍:

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