It's Not Me, It's You



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A rapier-sharp, hilariously irreverent collection of true-life essays from the beloved author of Sippy Cups Are Not for Chardonnay . Stefanie Wilder-Taylor has never been one to take the conventional route. Whether financing a move to LA with only a best friend's bat mitzvah savings or accidentally freebasing cocaine, Stefanie is living proof that the unlikely can happen -- usually to her. And when it does, the best response is a potent combination of pluck, luck, humor, and frequently, alcohol. In these candid essays, Stefanie recounts how a nice Jewish girl from Queens became a Hollywood producer, writer, and mother of three, with some surprising detours along the way. From disproving her mother's "cars aren't free" refrain by going on Hollywood Squares and winning one, to signing up for a romantic sunset cruise that turns out to be a hellish fratfest staffed by a pushy pirate-attired crew, Stefanie shares her triumphs, missteps, and the many lessons learned. She reveals why it's never a good sign when your new therapist brings out a stuffed bumblebee and a whiffle ball bat, and how to outsmart a potential stalker by channeling your inner Tori Spelling. Through the good, the bad, the poignant, and the outrageous, she displays a voice that is by turns self-skewering, hopeful, and wise. It's Not Me, It's You is personal storytelling at its funniest, bravest, and most irresistible.

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