

# Essentials of Premarital Counseling



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出版者:

出版时间:2008-6

装帧:

isbn:9781932690668

bExpand Your Clinical Practice with this Practical Hands-on Guide Teach conflict resolution skills to your couples Introspective quizzes expose more of couples inner lives and past history to each other Real-life exercises let couples practice cooperative decision- making and compromise before a crisis happens. Couples will discover and have the opportunity to change bad habits which threaten the viability of the relationship. Therapists Acclaim for Essentials of Pre-Marital Counseling "An invaluable ten-week program of specific steps to evaluate a relationship, detect warning signs and avoid disastrous pitfalls before committing to marriage." --Holly A. Hunt, PhD, author of "Essentials of Private Practice" "What I find most rewarding about this book is what Dr. Ceren refers to as 'The art of gracious compromise'-or what may be called-how to get along in your relationship. Therapists take heed, this book is for you and your clients You will benefit greatly." --Michael J. Salamon, Ph.D., FICPP, Senior Psychologist/Director, Adult Developmental Center, Author of "The Shidduch Crisis" "A remarkable roadmap to a healthy relationship and insight into self, written by a therapist who combines experience and skill in improving the lives of others." --Rosalee G. Weiss, PhD Diplomate, American Board of Psychological Specialties Learn more about the author at [www.DrSandraLevyCeren.com](http://www.DrSandraLevyCeren.com) Book #7 in the New Horizons in Therapy Series from Loving Healing Press [www.LHPress.com](http://www.LHPress.com)

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