

The Post Traumatic Stress Disorder Relationship

"Timely and well done."

—LIBRARY JOURNAL

The Post-Traumatic Stress Disorder Relationship

How to Support Your
Partner and Keep Your
Relationship Healthy

DIANE ENGLAND, PHD

[The Post Traumatic Stress Disorder Relationship](#) [下载链接1](#)

著者:England, Diane

出版者:

出版时间:2009-8

装帧:

isbn:9781598699975

War, physical and sexual abuse, natural disasters. All crises have one thing in common: Victims often suffer from post-traumatic stress disorder (PTSD) and their loved ones suffer right along with them. In "The Post-Traumatic Stress Disorder Relationship", couples learn how to have a healthy relationship in spite of a stressful and debilitating disorder. Readers learn how to: deal with emotions regarding their partner's PTSD; talk about the traumatic event(s); communicate with their PTSD partner when separated by active duty; handle sexual relations when a PTSD partner has suffered a traumatic sexual event; and, help your partner cope with everyday life issues. When someone has gone through a traumatic event in his or her life, he or she needs a partner more than ever. This is the complete guide to keeping the relationship strong and helping both partners recover in happy, healthy ways.

作者介绍:

目录:

[The Post Traumatic Stress Disorder Relationship](#) [下载链接1](#)

标签

评论

[The Post Traumatic Stress Disorder Relationship](#) [下载链接1](#)

书评

[The Post Traumatic Stress Disorder Relationship](#) [下载链接1](#)