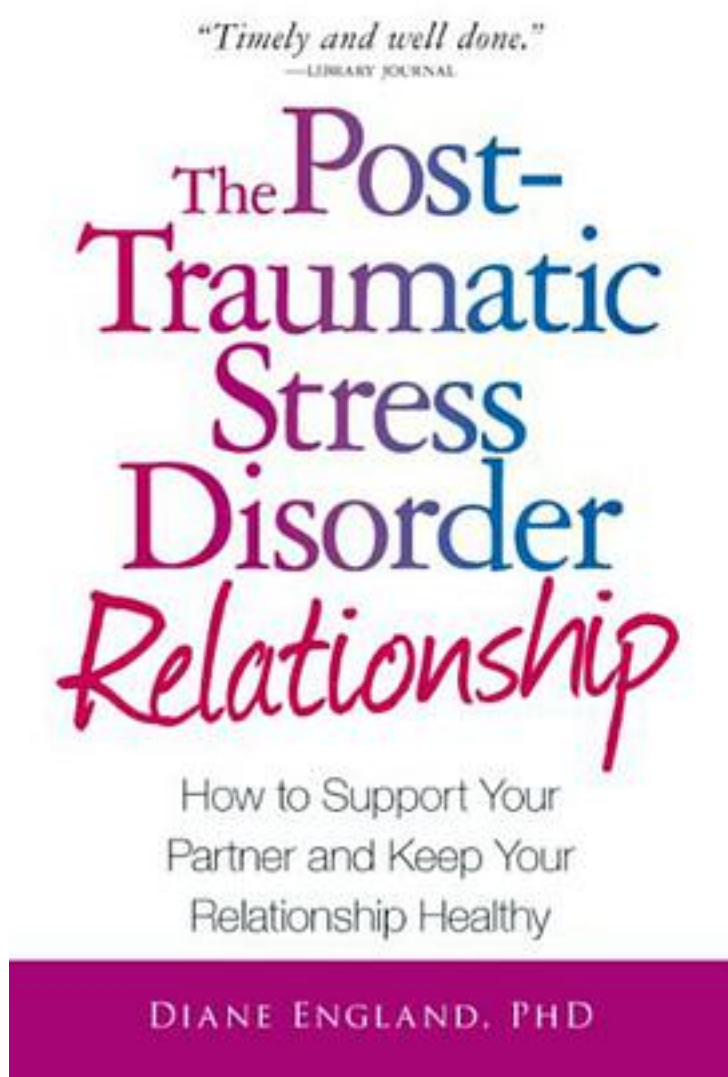


The Post Traumatic Stress Disorder Relationship



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War, physical and sexual abuse, natural disasters. All crises have one thing in common: Victims often suffer from post-traumatic stress disorder (PTSD) and their loved ones suffer right along with them. In "The Post-Traumatic Stress Disorder Relationship", couples learn how to have a healthy relationship in spite of a stressful and debilitating disorder. Readers learn how to: deal with emotions regarding their partner's PTSD; talk about the traumatic event(s); communicate with their PTSD partner when separated by active duty; handle sexual relations when a PTSD partner has suffered a traumatic sexual event; and, help your partner cope with everyday life issues. When someone has gone through a traumatic event in his or her life, he or she needs a partner more than ever. This is the complete guide to keeping the relationship strong and helping both partners recover in happy, healthy ways.

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目录:

[The Post Traumatic Stress Disorder Relationship_ 下载链接1](#)

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