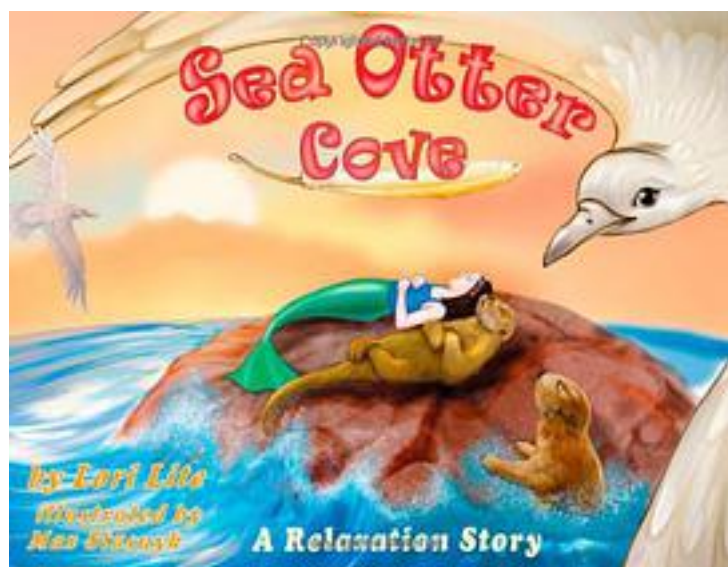


# Sea Otter Cove



[Sea Otter Cove 下载链接1](#)

著者:Lite, Lori/ Stasuyk, Max (ILT)

出版者:

出版时间:2008-10

装帧:

isbn:9780978778187

Children will love to experience belly breathing with playful sea otters and a sea child. This effective, self-calming technique also known as "diaphragmatic breathing" can have a positive impact on your child's health. Proper breathing can lower stress and anxiety levels. It can be used to decrease pain and anger. Delightful characters and easy breathing encourage your child to slow down, relax, and fall asleep peacefully. If you enjoyed A Boy and a Bear, you will love Sea Otter Cove. This is one of four stories featured on the Indigo Ocean Dreams CD.

作者介绍:

目录:

[Sea Otter Cove\\_ 下载链接1\\_](#)

标签

评论

-----  
[Sea Otter Cove\\_ 下载链接1\\_](#)

书评

-----  
[Sea Otter Cove\\_ 下载链接1\\_](#)