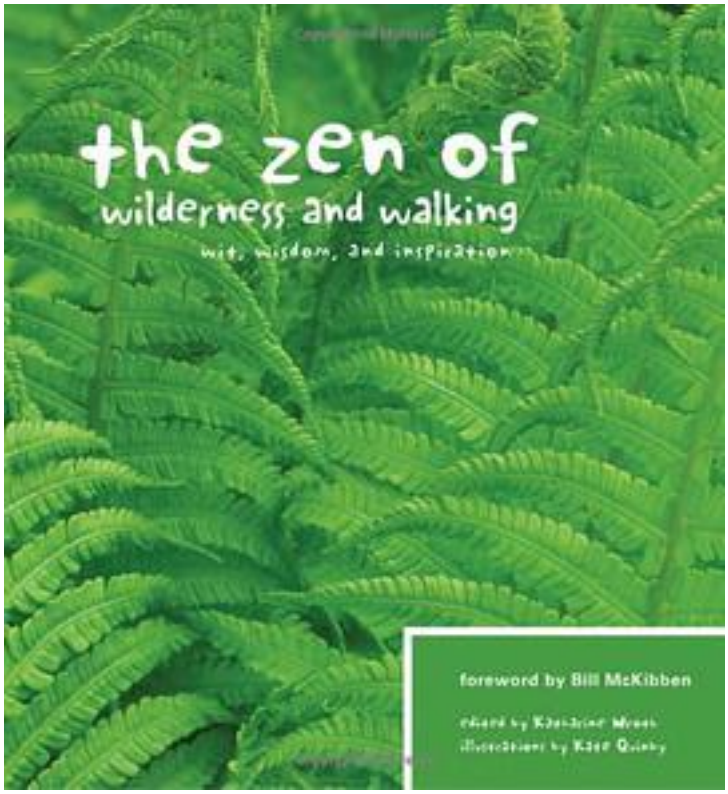
The Zen of Wilderness and Walking



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A whimsical series that captures our emotional, spiritual, and humorous experiences in the great outdoors Our new Zen series explores the peace, tranquility, and sense of adventure that many people discover while pursuing outdoor activities. Each book features a compilation of 100 inspiring quotes about climbing, hiking, or surfing, as well as the wilderness landscapes in which these activities take place. With forewords by well-known individuals in each field, describing their personal "Zen" moments in the wild, each book also features original, motion-sequence flipbook illustrations. *

Inspirational quotes from a variety of well-known and lesser-known figures * Each title in the series is also a unique flipbook * Great gifts for outdoor lovers

作者介绍:

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