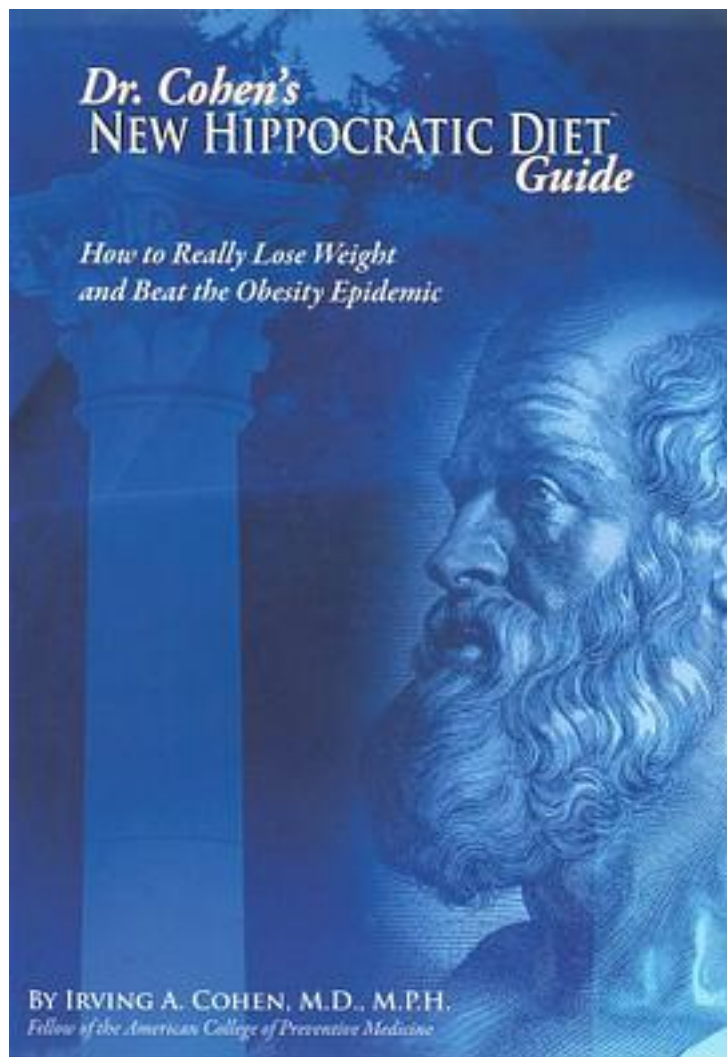


Dr. Cohens New Hippocratic Diet Guide



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Have you been made to feel it was your fault when you could not lose weight? It is likely that you did not fail at dieting; your diet failed you. This book is for everyone who has tried other diets and failed. Dr. Cohen explains why bad weight-loss diet advice, worsened by changes in the food industry, is responsible for the world-wide obesity epidemic. His answer is an effective, natural diet, based upon a modern computer model, yet confirming weight-loss principles first described more than 2,000 years ago by Hippocrates, the physician considered to be the father of rational Western medicine.

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