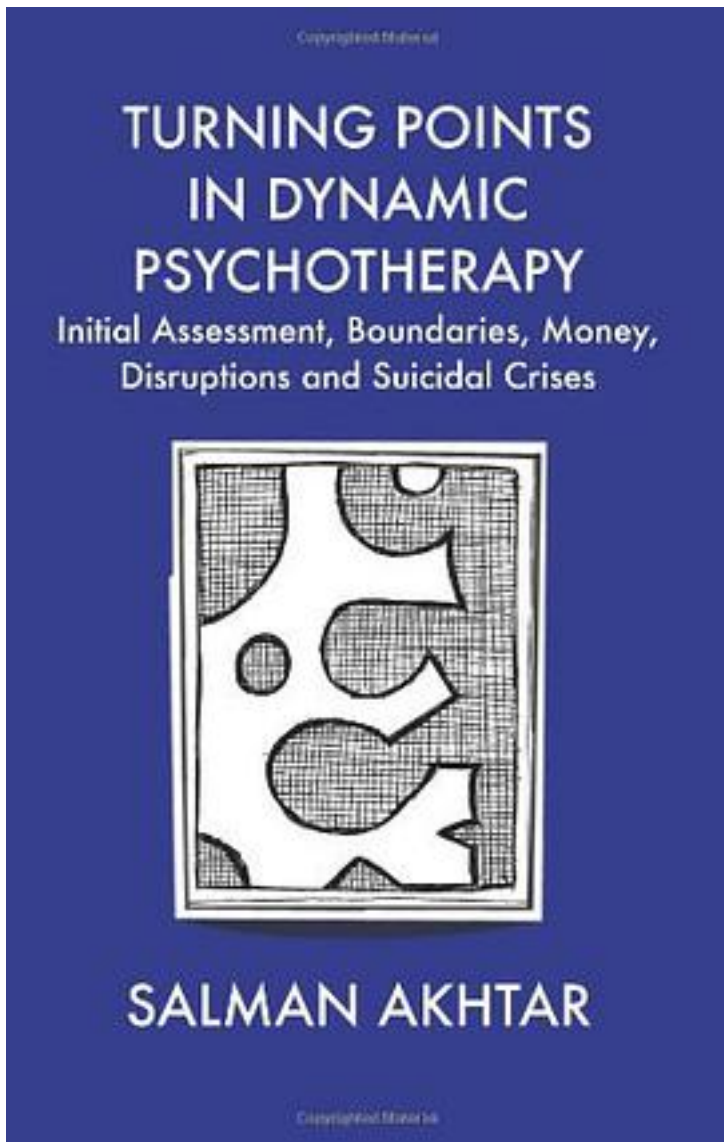


Turning Points in Dynamic Psychotherapy



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著者: Akhtar, Salman

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In this volume, Akhtar addresses the intricacies of in-depth psychotherapy. He has deliberately limited his exploration five specific areas in order to be able to explore them thoroughly: initial assessment; boundaries; money; disruptions; and suicidal crises. Akhtar's more than three decades of clinical experience has taught him that most problems in the course of dynamic psychotherapy involve these areas; therefore their proper understanding and management is key to productive therapeutic work. Each chapter of this compact book tackles one of these areas in detail, outlining not only the conceptual issues at hand but also the technical strategies that emanate from them. While theoretical grounding does serve as a preamble for the delineation of its technical strategies, the book is replete with clinical vignettes and explicatory comments that illustrate the interventions. This work is designed to introduce the younger generation of therapists to ways of thinking and working that experienced practitioners have found clinically useful.

作者介绍:

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