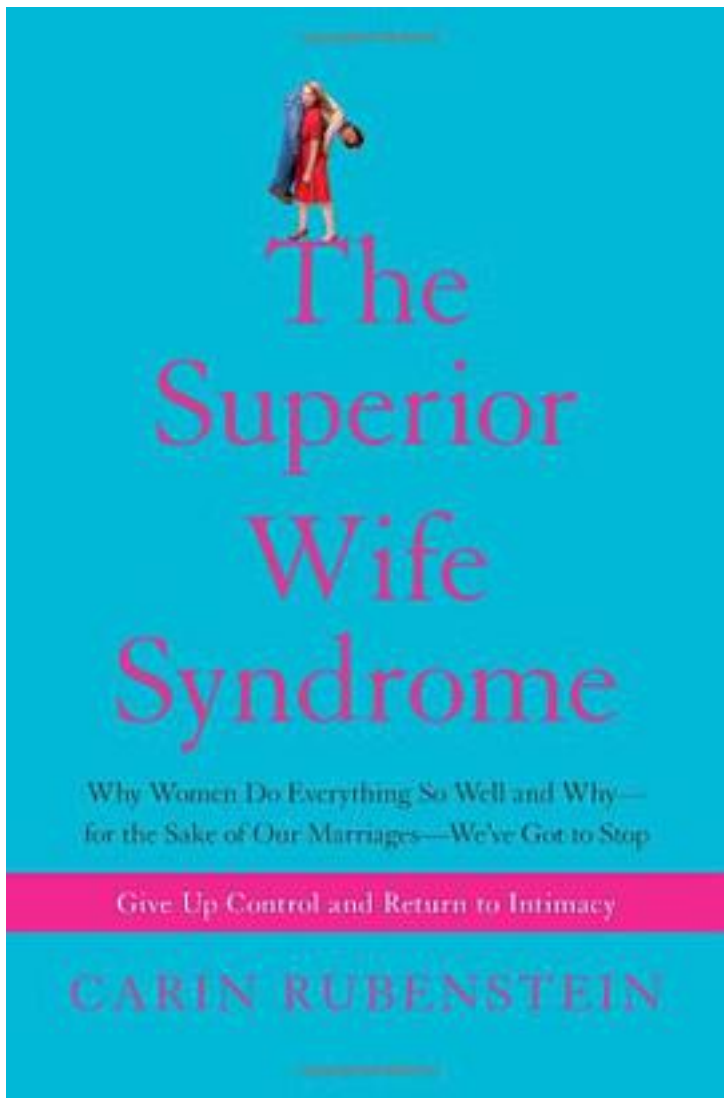


The Superior Wife Syndrome



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著者:Rubenstein, Carin

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"My husband is in charge of dinner only on Friday night. And every single Friday night, he calls me and says, 'What do you want me to order for dinner?' " -- Toni
Sound familiar? You are not alone This book can help you and your marriage As women have risen in the work world, their marriages have been transformed, too. The wife has become the superior spouse; she is responsible for managing every aspect of the family's life, from financing the mortgage to picking what the kids wear to school. This book is for every wife who wonders why she's in charge of everything, while her husband lounges on the couch and watches the game. "The Superior Wife Syndrome" explains how she ended up like this and reveals how she can let go of her superiority and work her way back to marital equality. Bringing together personal stories of everyday couples and expert social analysis, psychologist Carin Rubenstein provides readers with an intelligent and groundbreaking look into a disturbing marital trend: In two out of three marriages, women are running the show while men take it easy. As a result, more and more women are rejecting marriage as a viable social institution. The Superior Wife Syndrome provides a look into the heart of modern marriage, as it reveals and explores: Six signs of superiority: from being the multitasker to being the decider Top twenty-six topics wives nag their husbands about, from A to Z Four types of modern marriage, from Captain and Mates to Even-Stevens Top ten sex wishes of husbands and wives Twenty-one ways to fix a superior wife marriage Filled with personal stories and packed with tips for breaking the pattern, "The Superior Wife Syndrome" gives women the tools they need to step down from their thrones, reconnect with their husbands, and have happier and healthier marriages.

作者介绍:

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