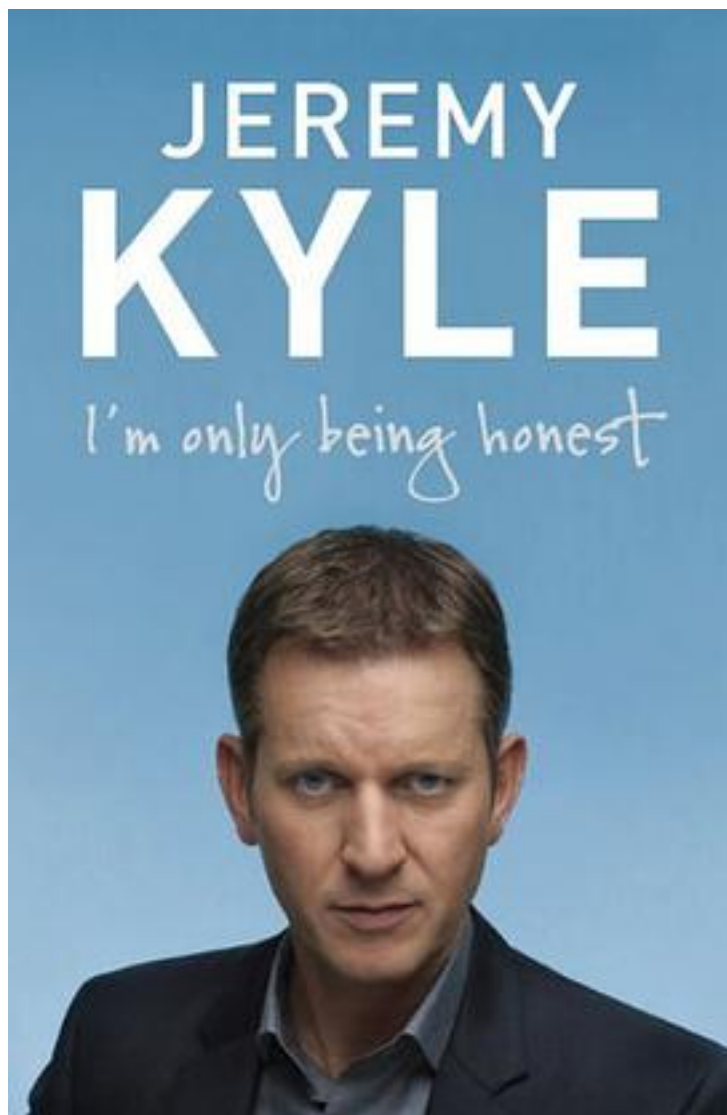


# I'm Only Being Honest



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Jeremy Kyle is not just the television presenter famous for his frank, and sometimes confrontational, approach to his guest's problems. He is also a son, a brother, a father, and a recovering addict. Every part of his life has in some way influenced and shaped the views he expresses on his show. From his happy upbringing in Reading, to his daily struggles with OCD and overcoming his problems with gambling, his knowledge of life's ups and downs comes from hard-won experience, and have taught him that honesty -- above all with oneself -- can be the key to a life well-lived. Here, in his first book, he takes a hard look at the social problems blighting modern Britain and seeks a route towards their solution. He stresses the need for the firm hand and unconditional love that seems so absent from certain young parents and questions the morals of those who see having children purely as a money-making exercise. And he maps out an agenda for change, insisting on the importance of personal responsibility and strong government in ironing out our nation's creases. Recounting his own story, alongside the tales of the people from his often controversial show, Kyle delves into the shady, neglected corners of our society and surfaces with a spirited call-to-arms. The result is not just an honest judgment of modern British life, but a no-holds-barred account of his own, told with all the candour, spirit and honesty that have become his trademark.

作者介绍:

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