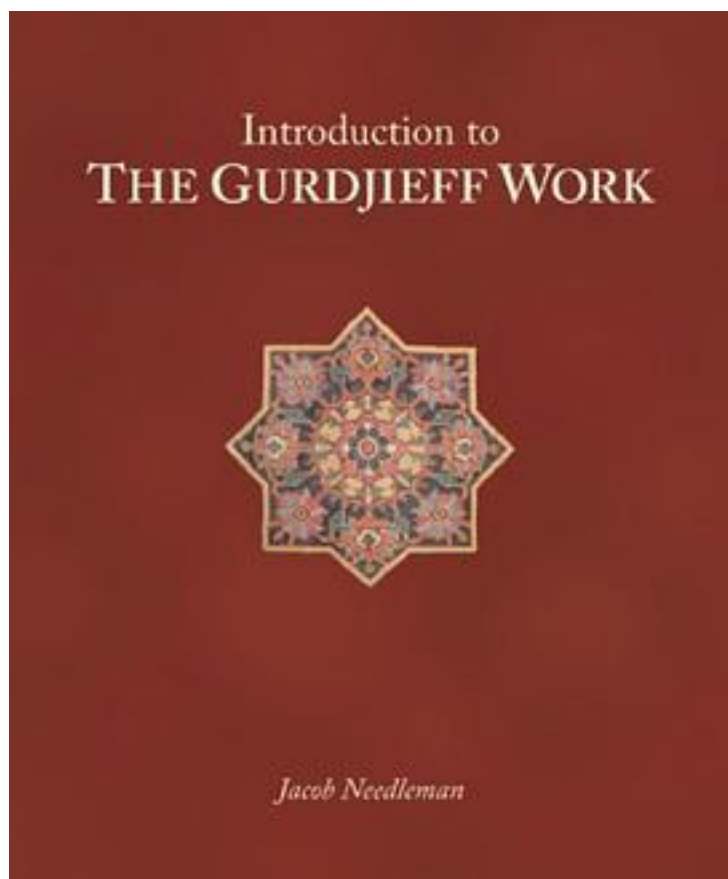


Introduction to the Gurdjieff Work



[Introduction to the Gurdjieff Work_ 下载链接1](#)

著者:Needleman, Jacob

出版者:Perseus

出版时间:2009-8

装帧:

isbn:9781596750296

The Gurdjieff tradition, commonly referred to as "The Work," describes people's day-to-day lives as completely mechanical, conducted asleep. Gurdjieff's intent, as with many sacred traditions, was literally to aid in one's awakening. The tools for doing this are many, but integrated. The various methods of "The Work" are intended to specifically integrate a person's physical, emotional, and intellectual centers into a

fourth way of consciousness. Like Zen, Gurdjieff’s work is structured as an oral tradition emphasizing the relationship of teacher to student. But there have also been extensive writings on his views, and this short, pocket-sized book is one of the most useful. A clear, concise summary of Gurdjieff's life and teachings, this is the first book to describe the actual practices of the tradition. It provides comprehensive resource information for readers who wish to pursue further inquiry, including a reading list and a summary of the most important published music from the Gurdjieff vault.

作者介绍:

目录:

[Introduction to the Gurdjieff Work_ 下载链接1](#)

标签

评论

[Introduction to the Gurdjieff Work_ 下载链接1](#)

书评

[Introduction to the Gurdjieff Work_ 下载链接1](#)