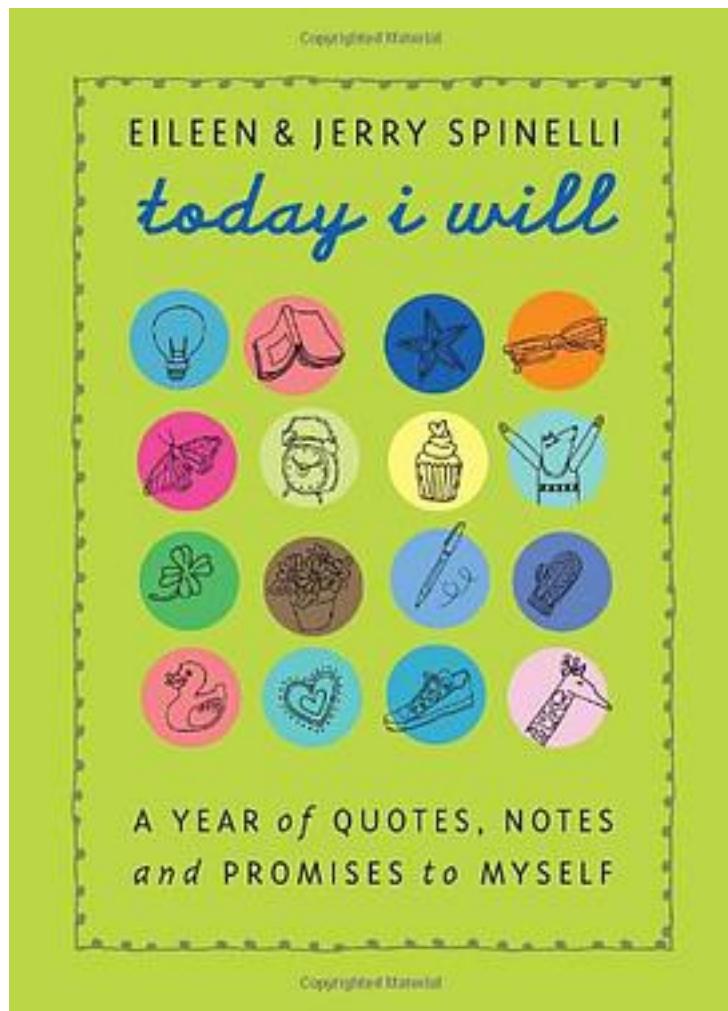


# Today I Will



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Reassuring advice for every day of the year

From an esteemed husband-and-wife team comes a book of daily advice and insight. In dated entries meant to be read one per day, the Spinellis open with a brief quote from children's literature, write a paragraph of lively advice inspired by that quote, and end with a "Today I will . . ." promise. The entries range from the broad (self-esteem, the environment, gratitude, and openmindedness) to the simple and specific (Today I will call a grandparent . . . smile at a new kid . . . take a walk . . . and send a snail-mail letter.).

With wide appeal to fans of both children's literature and advice books, this cozy page-a-day volume (with black-and-white spot art) offers inspiring quotes, gentle guidance, and 366 "Today I will . . ." promises to thoughtful readers everywhere.--From the Hardcover edition.

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