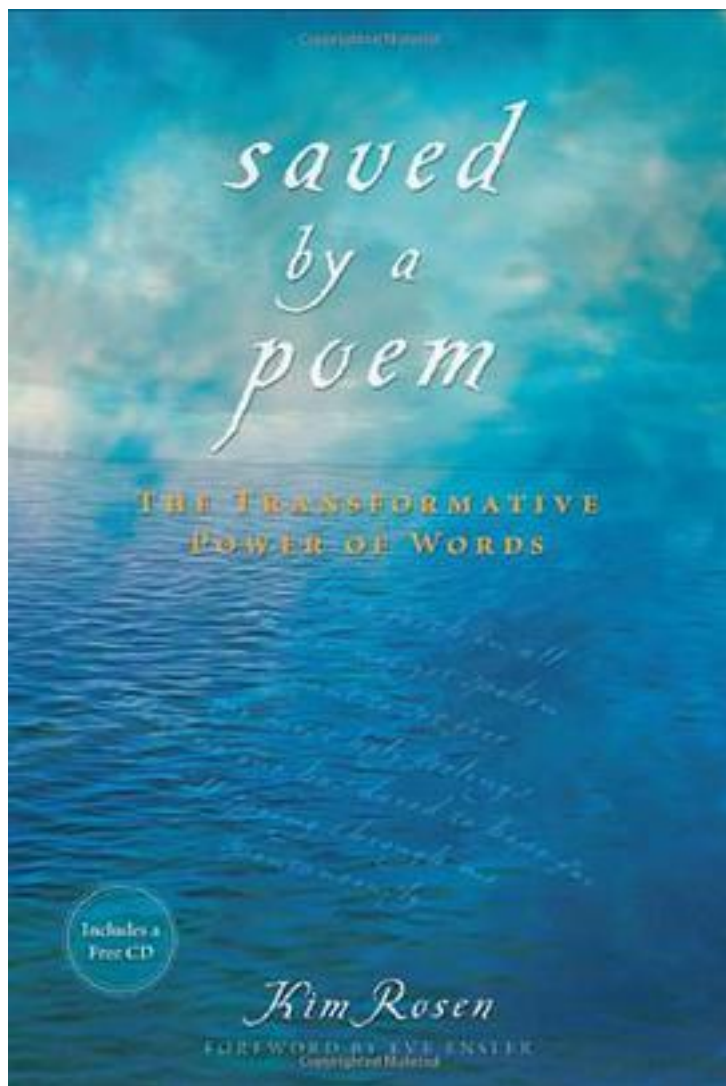


Saved by a Poem



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著者:Rosen, Kim

出版者:

出版时间:

装帧:

isbn:9781401921460

Can someone really be saved by a poem? In Kim Rosen's book, the answer is a re-sounding "Yes " Poetry, the most ancient form of prayer, is a necessary medicine for our times: a companion through difficulty; a guide when we are lost; a salve when we are wounded; and a conduit to an inner source of joy, freedom, and insight. Whether you are a lover of poetry or have yet to discover its power, Rosen offers a new way to experience a poem. She encourages you to feel the poem as you might an affirmation or sacred text, which can align every level of your being. In an uncertain world, "Saved by a Poem "is an emphatic call to cultivate the ever-renewable resources of the heart. Through poetry, the unspeakable can be spoken, the unendurable endured, and the miraculous shared. Weaving teaching, story, verse, and memoir, Rosen guides you to find a poem that speaks to you so you can take it into your life and become a voice for its wisdom in the world. Inspirational CD Included "Featuring the voices of well-known authors reading a favorite poem and discussing its personal significance: "Joan Borysenko, Andrew Harvey, Jane Hirshfield, Marie Howe, Grace Yi-Nan Howe, Robert Holden, Stanley Kunitz, Elizabeth Lesser, Thomas Moore, Christiane Northrup, Cheryl Richardson, Kim Rosen, and Geneen Roth.

作者介绍:

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