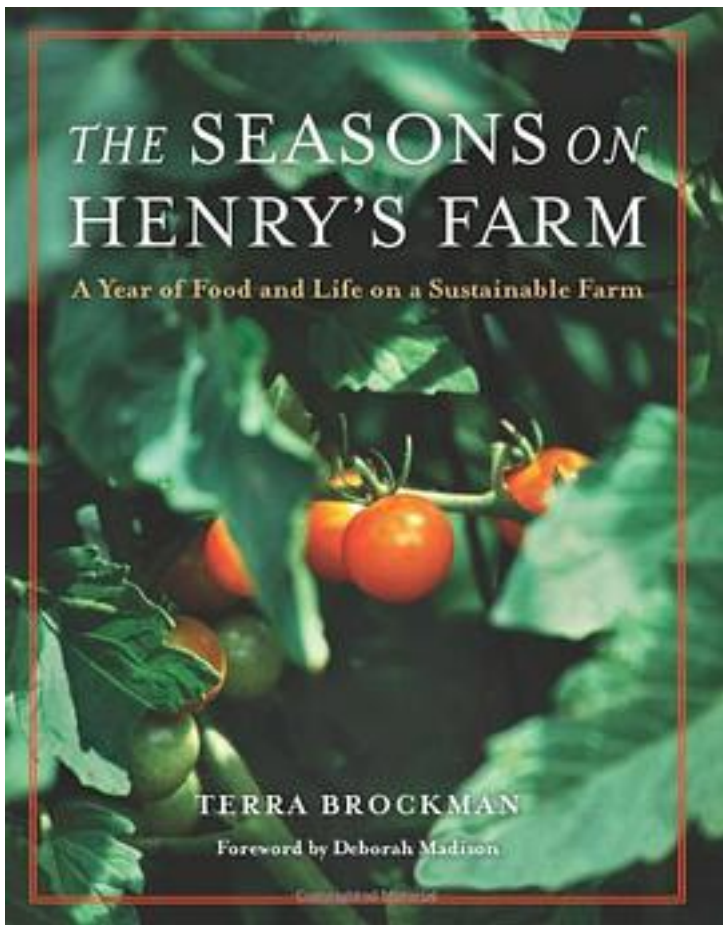


The Seasons on Henry's Farm



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著者:Brockman, Terra

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Henry's Farm is in central Illinois, some of the richest farming land in the world. There, Henry Brockman and his family — five generations of farmers, including sister Terra — farm in a way that produces healthy, nutritious food without despoiling the land. Terra Brockman tells their story in the form of a yearlong diary/memoir — with recipes —

that takes readers through each season of life on the farm. Studded with vignettes, photographs, family stories, and illustrations of the farm's vivid plant life, the book is a one-of-a-kind treasure that will appeal to readers of Michael Pollan, E. B. White, Gretel Ehrlich, and Sandra Steingraber. The book opens a window into what sustainable farming really entails and why it is vital and relevant to everyone who eats. Though rooted in the rolling oak-hickory hills and fertile fields and flood plains of the Mackinaw River Valley, the book ranges widely, incorporating literary, scientific, and culinary reflections occasioned by the week-by-week events of farm life.

作者介绍:

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