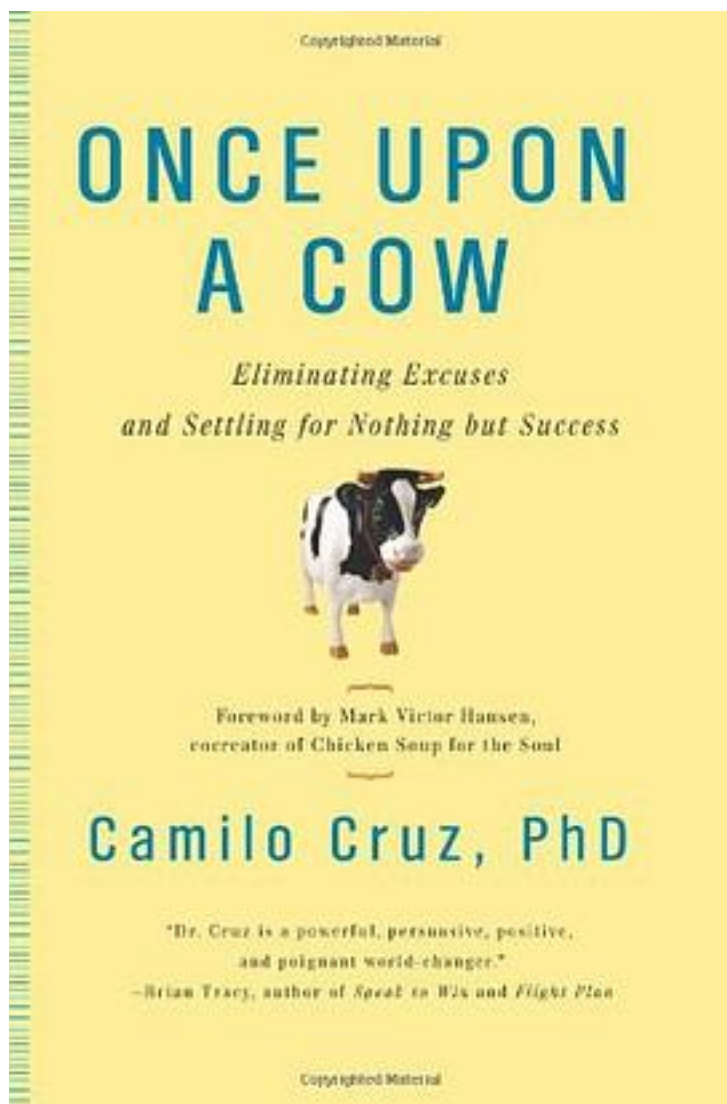


# Once Upon a Cow



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著者:Cruz, Ph.D, Camilo

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An insightful and deceptively simple guide-from a popular speaker and life coach.

In this empowering book, bestselling author and speaker Dr. Camilo Cruz helps readers identify the hidden excuses that hold them back-even the most entrenched ones-and open the door to greater success and fulfillment. Inspired by a brief parable in which a family of farmers learns to thrive without their beloved (yet costly and unproductive) cow, this upbeat book speaks to readers of every age and lifestyle, helping them take ownership of their choices and their lives.

作者介绍:

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## 标签

思维

思维方式

心理学

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外国文学

励志

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## 评论

这是一本读了让你想退学，想辞职，想和现在的男/女朋友分手的心灵鸡汤

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