

# Who are You and What Do You Want?

"These four questions will help you deal successfully with every personal and professional challenge you may face."  
—from the foreword by Ken Blanchard

Four Questions That  
Will Change Your Life

## Who Are You? What Do You Want?



Mick Ukleja, PhD | Robert L. Lorber, PhD

[Who are You and What Do You Want? 下载链接1](#)

著者:Ukleja, Mick/ Lorber, Robert L., Ph.D.

出版者:

出版时间:2009-9

装帧:

isbn:9780399535437

An innovative yet practical new approach to reaching goals and attaining success.

This book offers a direct link to understanding one's own motivations and goals, and guides readers through a self-exploratory process that begins with four simple questions:

- Who are you and what do you want?
- Where are you and why are you here?
- What will you do and how will you do it?
- Who are your allies and how can they help?

Based on the authors' decades of work as executive coaches and leadership trainers, the insights, real-life anecdotes, and exercises in *Who Are You and What Do You Want?* allow readers to shape their own unique life plan, tailored to their own needs and to gain clarity about their purpose, passions, and values.

作者介绍:

目录:

[Who are You and What Do You Want? 下载链接1](#)

标签

评论

---

[Who are You and What Do You Want? 下载链接1](#)

书评

[Who are You and What Do You Want? 下载链接1](#)