

# Salt



[Salt\\_下载链接1](#)

著者:Aikman-smith, Valerie/ Gregson, Jonathan (PHT)

出版者:

出版时间:

装帧:

isbn:9781845979126

Salt in all its forms is a hot culinary trend. It enhances any savory dish and makes the taste buds sing. In this beautiful book, top cook and food stylist Valerie Aikman-Smith introduces you to all kinds of salts, from Hawaiian Red Alaea Salt to Jurassic Salt. Her Appetizers include tasty Olive Suppli, Gazpacho with Smoked Salted Croutons, and fun Popcorn with Chili Salt. In Entrees, you'll find the classic salt-crust method with new twists, such as indian-spiced Lamb in a Salt Crust, or how about Spicy Pork Satay with Roast Salted Peanut Sauce, or a refreshing Peach Caprese with Curry Salt? In Sides and Breads you'll discover tempting flatbreads and pretzel bites, and you'll be captivated by Valerie's Drinks and Sweets. How about a Black Olive Martini or Bloody Mary with Celery Salt, or a Chocolate Chip Cookie with Sea Salt? Be amazed as the flavors mingle in your mouth. Finally, a chapter of Rubs, Butters, and Brines offers you dozens of versatile ways to jazz up grilled meat or fish, vegetable crudites or potato chips, or use them with your own recipes. Once you've tried Valerie's stunning recipes you will never look at salt in the same way again.

\*More than 50 recipes for starters, entrees, sides, seasoned rubs, and cocktails, with gorgeous photography by Jonathan Gregson.

\*The author's work has been featured in magazines, on television in Everyday Italian with Giada De Laurentis, and in the films Titanic and Ocean's Eleven.

作者介绍:

目录:

[Salt\\_下载链接1](#)

标签

评论

-----  
[Salt\\_下载链接1](#)

书评

-----  
[Salt\\_下载链接1](#)