

Less Is More



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Less Is More is a glorious celebration a in words and images a of simple and profound answers. But, is there any way to live the good life in an environment of scarcity? Parker answers an unequivocal, aYes.a She writes, aWe can embrace simplicity as a desired outcome rather than a hardship we canat control. We can throw ourselves into new creation and transform our circumstances into new opportunities by embracing a credo of recycling and renewal. Most of all, we can give back and move forward through a daily practice of gratitude and the intense joy it brings us.a The meditations provide profound food for thought, and, in Parkeras deft hands never become saccharine or trite. Daniel Talbottas luscious photos celebrate the beauty of nature, the earth we walk on, the flowers and fruits a the abundance all around us in the city or the country, at the shore or on the roadside. Simplicity and abundance, he shows us, are in the eye of the beholder. 4-color photographs throughout

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目录:

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