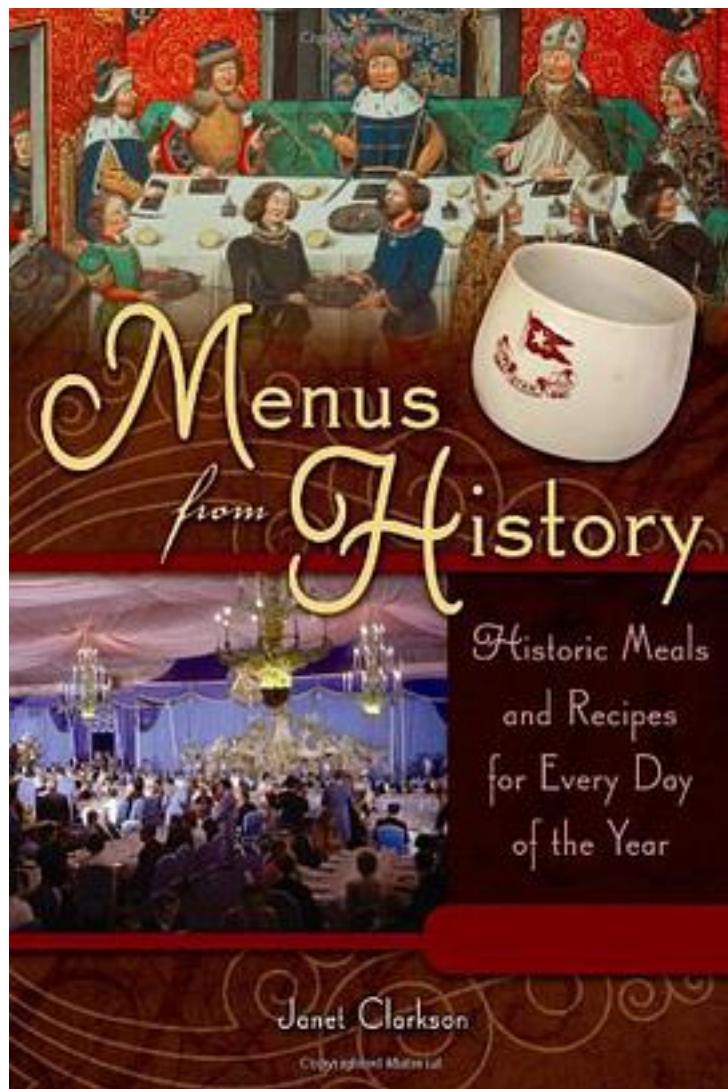


# Menus from History



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If we are what we eat, what was Jane Austen or Abraham Lincoln? What was it like to dine aboard the Titanic, to feast with a tsar, to be a guest at the wedding of Charles and Diana? More important, what do menus teach us about people and the societies in which they lived? "Menus from History: Historic Meals and Recipes for Every Day of the Year" offers a fascinating exploration of dining history through historic menus from more than 35 countries. Ranging from discussion of a Roman banquet in A.D. 70 to a meal for former South African President Nelson Mandela in the 1990s, the menus offer students and general readers a thoroughly delightful way to learn more about events and the cultures in which they occurred. Royal feasts, soldier grub, shipboard and spaceship meals, and state dinners are just some of the occasions discussed. Arranged chronologically, each entry covers a day of the year and provides a menu from a significant meal that took place. An entry begins with the name, location, and date of the event, plus a brief explanation of its significance. This title features: day-by-day essays with menus and recipes that help students become a part of history; 50 period illustrations and halftones that complement the text; and, a glossary of food terms and names of dishes that will prove indispensable to readers and researchers.

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