

Eagle Eyes



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Revised with new illustrations, this tale begins with the hero's fascination with nature, then shows how ADHD negatively affects his family dynamics, schoolwork, and self-esteem. The hallmarks of ADHD--impulsivity, distractibility, and hyperactivity, as well as difficulty sleeping--are clearly shown in this story. Newer updates of the treatment process are provided, including relaxation techniques, medication, and an entire song that a child can sing to help them gather school materials before leaving home. Discussion starters to help parents and professionals expand on the meaning of the book are included for use with individuals or groups of children.

作者介绍:

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