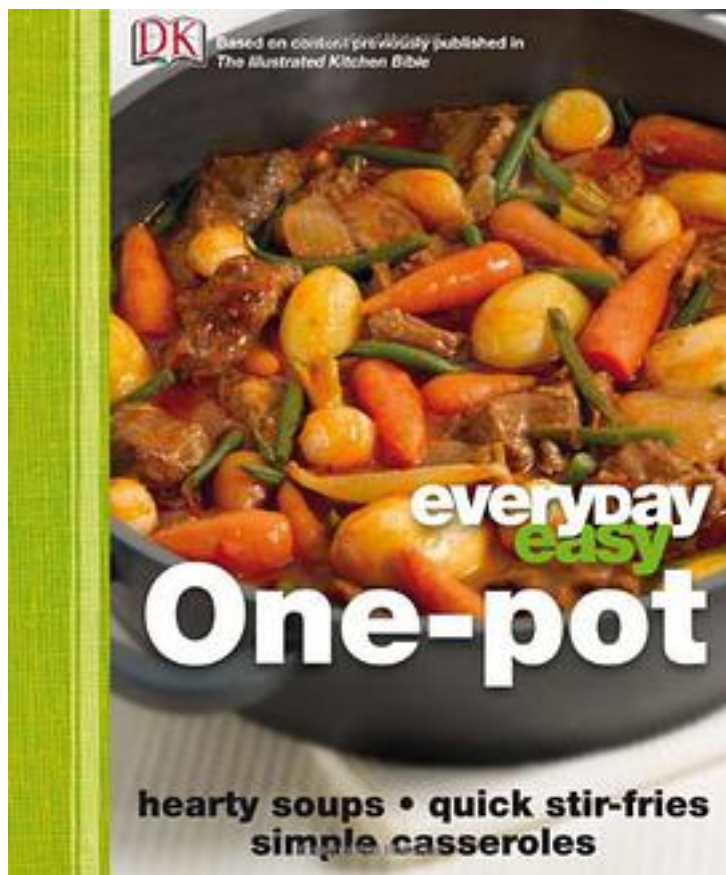


# Everyday Easy One-Pot



[Everyday Easy One-Pot\\_ 下载链接1](#)

著者:Dorling Kindersley, Inc. (COR)/ Johnsen, Kate (EDT)/ Roff, Andrew (EDT)

出版者:

出版时间:2009-10

装帧:

isbn:9780756657932

"Everyday Easy: One Pot" is a one-stop cooking resource for delicious stews, soups, chilis, etc. Six "recipe choosers" at the start of the book act as an instant reference for cooks in a hurry. A useful techniques section covers all the preparation methods you may need step-by-step. Icons with each recipe indicate serving proportions, prep. time, cooking time, and - where relevant - low fat, low GI, special equipment, and

freezability. Other handy extras include: "Prepare Ahead" information and "Good With ..." tips.

作者介绍:

目录:

[Everyday Easy One-Pot\\_ 下载链接1](#)

标签

评论

-----  
[Everyday Easy One-Pot\\_ 下载链接1](#)

书评

-----  
[Everyday Easy One-Pot\\_ 下载链接1](#)