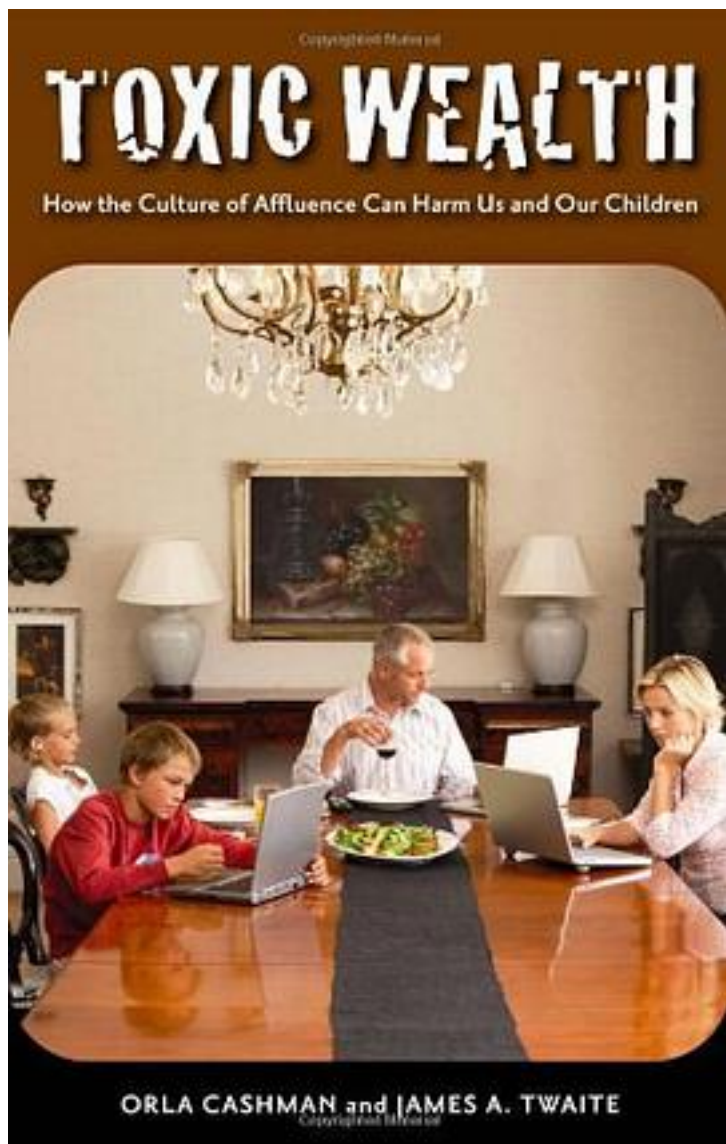


# Toxic Wealth



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From the travails of the Kennedy's to those of Britney Spears, one has only to glance at the headlines to see that money does not ensure either happiness or serenity. With 25 per cent of Americans now considered affluent, figuring out how to enjoy the good and sidestep the bad should be a topic of 'consuming' interest. In this title, two therapists show how the culture of affluence in America creates unique problems for wealthy adults and children, often resulting in poor psycho-social adjustment, anxiety, low self-esteem, and the inability to have fun. The affluent are under tremendous pressure to achieve. They are subject to a myriad of negative stereotypes that make it difficult for them to have a normal social life. They are taken advantage of, preyed upon, and ridiculed. When they seek professional help for their problems, they may receive little sympathy. This book is a sage and insightful primer aimed at all readers who have some wealth, whether inherited or amassed through personal effort. The consciousness - raising here includes vignettes from the treatment rooms of the authors, who have helped many wealthy individuals and families deal with the fallout from the myths with which our culture burdens them. Specific guidelines on how to deal with problems are presented.

作者介绍:

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