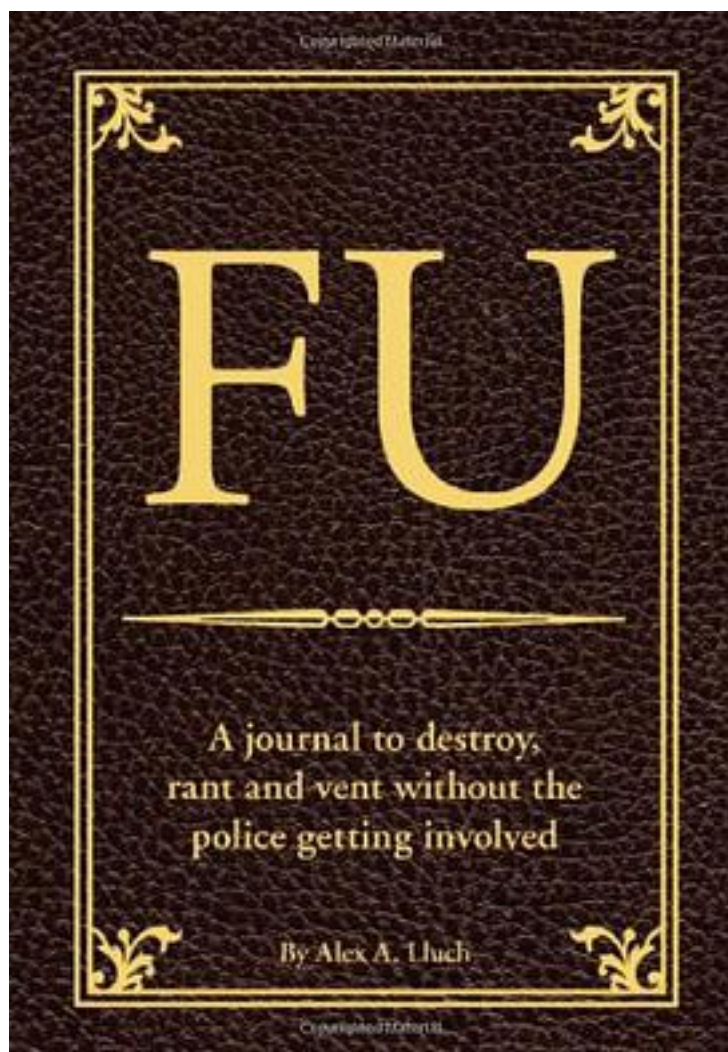


FU



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出版者:

出版时间:2009-12

装帧:

isbn:9781934386620

Everyone has times when they need to blow off some steam. Now, people who need to vent can do just that with this funny, quirky book. FU: The Journal for People Who Need to Vent is the perfect place to release frustrations in a creative and innocent way.

FU offers readers 50 activities to scribble, rant, and vent whenever they need release some tension. Featuring fun and hilarious exercises, like making a list of favorite swear words, drawing a picture of the most annoying person they know, or turning a journal page into spitballs, this book is the perfect way to keep readers from freaking out on their boss, ex, fellow drivers, or anyone else who ticks them off.

Readers will love this creative way to cope with the irks and annoyances of everyday life. This book is sure to be a great conversation piece and gift for friends and family.

作者介绍:

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