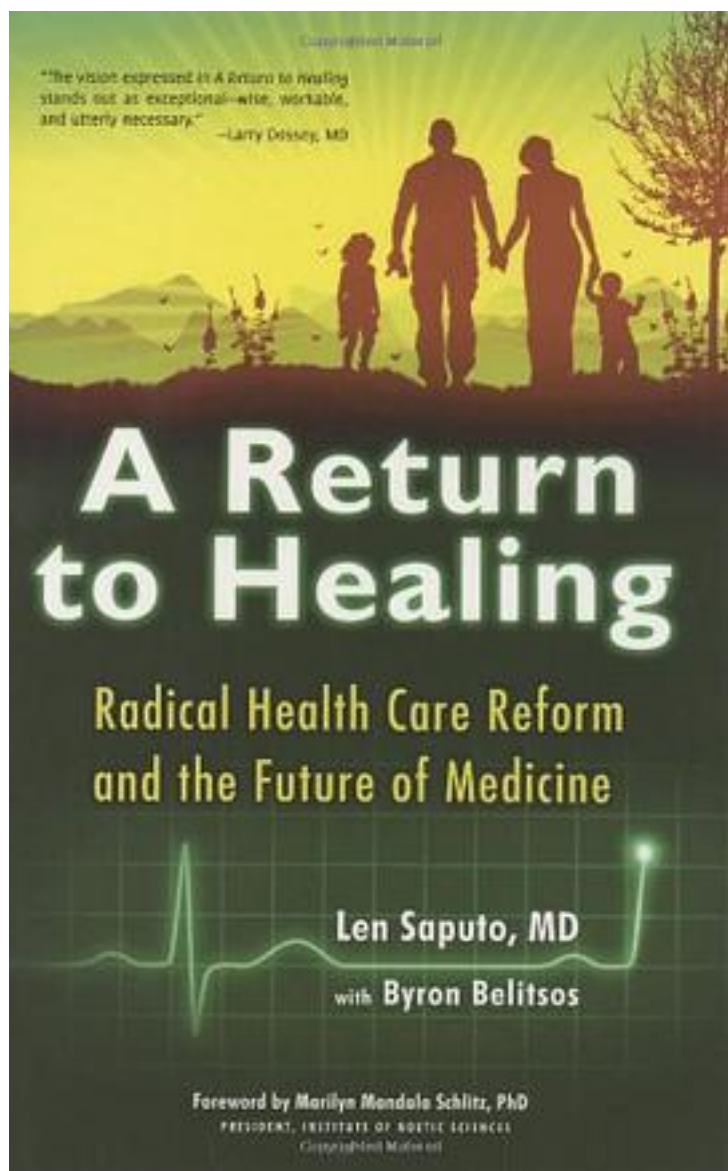


# Return to Healing



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著者:Saputo, Len

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In this timely account of our health-care crisis, veteran primary-care physician Len Saputo, M.D., provides a diagnosis of America's biggest domestic problem along with a unique prescription for systematic reform. Saputo also unveils the inspiring story of his forty-year quest to heal our broken health-care system. The twentieth century brought us disease-care medicine, he argues, but the twenty-first century will witness the rise of integral-health medicine, a blended model that seeks the best-evidenced solutions from mainstream, alternative, and traditional medical disciplines alike, and that focuses on the cause of disease rather than just symptoms. Saputo also goes to the root political cause of our current dilemma: the domination of commercial values over our system, and our resistance to the inevitable future of medicine which will be preventive, holistic, integrative, patient-centred, and oriented to healing and wellness, not just high-tech treatments for disease.

作者介绍:

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