

Eat Ate



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著者:Guy Mirabella

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Eat Ate is a gorgeous book about everyone's favorite food: Italian. With more than 70 recipes, from Rosa's Almond Biscotti to creamy Roast Pumpkin and Asparagus Lasagne, this delightful cookbook/memoir explores the observation what you are is what you eat. The unique format features family snapshots, artwork by the author and inserts that mimic love letters and journal entries. Author Guy Mirabella chef, painter, teacher shares the luscious details of growing up Italian in Australia, developing his bountiful love of food and lust for life. Simple, fresh, and seasonal ingredients are on the table in this vivid and personal exploration of Italian cuisine.

作者介绍:

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