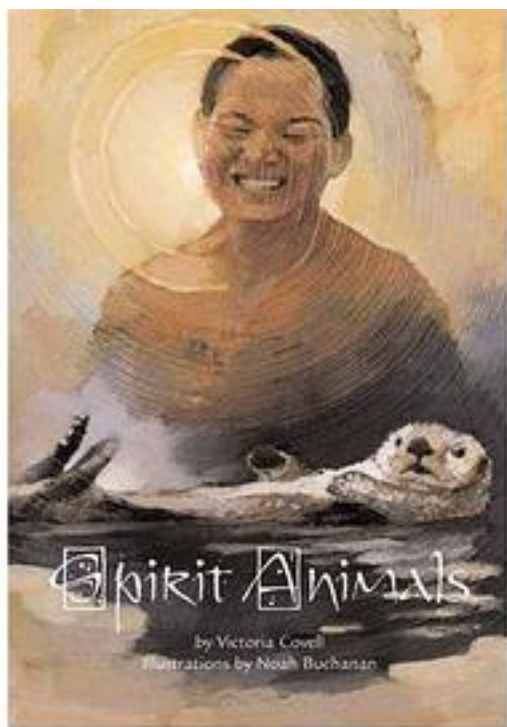


Spirit Animals



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This fun and whimsical book introduces readers to the imaginative world of spirit animals. Sometimes referred to as 'power' or 'totem' animals, these are animals that individuals feel a deep connection with on a mystical or spiritual level and can seek guidance from either in times of need or in everyday life. With entries on forty different animals ranging from bear and owl to fox and deer, the insightful text offers descriptions on each animal's relation to ancient cultures and folklore, its personality

in the wild, and ideas on how readers can channel its energy to help overcome everyday obstacles. Lavishly illustrated, each entry also features original artwork from a collection of hip, cutting-edge artists.

作者介绍:

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