

# My Lunch Box



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No more PBandJ and soggy ham sandwiches at school! "My Lunch Box" offers families all sorts of new possibilities for packed lunch. These 50 simple-to-follow recipes feature inventive sandwiches, tasty salads, easy homemade soups, healthy treats, and more! Also included are tips on keeping food hot or cold until lunchtime with reusable containers. Parents and children will gain a whole new perspective on lunch - and another way to cook together! Recipe box includes: 50 recipes, 15 fill-in cards for your own recipes, and 2 sticker sheets with 50 stickers.

作者介绍:

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