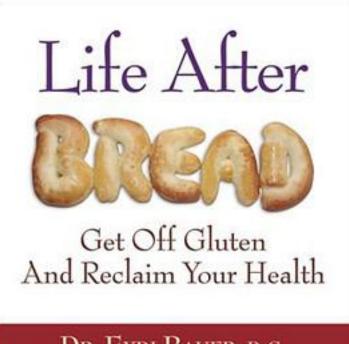
Life After Bread



Dr. Eydi Bauer, d.c.

A doctor's personal journey from sickness to health, with information you need about celiac disease—the silent epidemic.

A breakthrough book that reveals more than diet tips but gives you a roadmap towards better mental and physical health, providing nutritional insights that even your doctor may not know.

- Dr. John Gray, author of Men Are from Mars, Women Are from Venus

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One in a hundred people has celiac disease, and one out of three is gluten intolerant. Millions of Americans are affected by gluten-related illnesses that are misdiagnosed. The good news is: there's Life After Bread, and this groundbreaking book will help you determine whether you're one of the millions whose health is being compromised by wheat products. You can put an end to feeling sick and tired. Just remove gluten from your diet and you'll: Reduce pain and inflammation; Relieve depression, anxiety, and mental problems; Improve digestion and bowel issues; Increase your strength and revitalize your energy; Restore balance to your biochemistry.

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目录:		
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标签		
评论		
 Life After Bread_下载链接1_		
书评		
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