Treating Substance Abuse Disorders with Adaptive Continuing Care

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Treating Substance Use Disorders With Adaptive Continuing Care



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Although effective interventions have been identified for substance abuse, a significant percentage of patients respond poorly to them. This book provides a comprehensive review of the latest research on both standard approaches to continuing care and newer adaptive models that emphasize: more flexible protocols; less treatment burden and greater convenience for patients; more attention to patient preference with regard to components of care; use of settings other than traditional specialty care programs; greater reliance on communication technology; and greater emphasis on the role of self-care in a disease management approach.
作者介绍:
目录:
Treating Substance Abuse Disorders with Adaptive Continuing Care_下载链接1_
标签
评论
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