

The Inner Edge



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Dr. Joelle Jay's "The Inner Edge: The 10 Practices of Personal Leadership" draws on timeless principles and Jay's experiences with hundreds of leaders from America's most successful and admired companies, setting out ten essential components of leading well and living well. In "The Inner Edge," Dr. Jay offers customized coaching to help leaders overcome challenges, leverage opportunities, and maximize their talents, teams, and time. Through vivid examples, conversations with accomplished leaders, insightful perspectives on leadership, and thought-provoking questions and exercises, Jay shows readers that leadership is not just a label, but a way of life. Finding your edge, gaining clarity, focusing and taking action, expanding your knowledge-under Jay's training these and other principles become concrete achievable assets for living and leading. The result is an essential resource for helping leaders get results for their organizations in a way that capitalizes on-and enriches-their own unique identity.

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