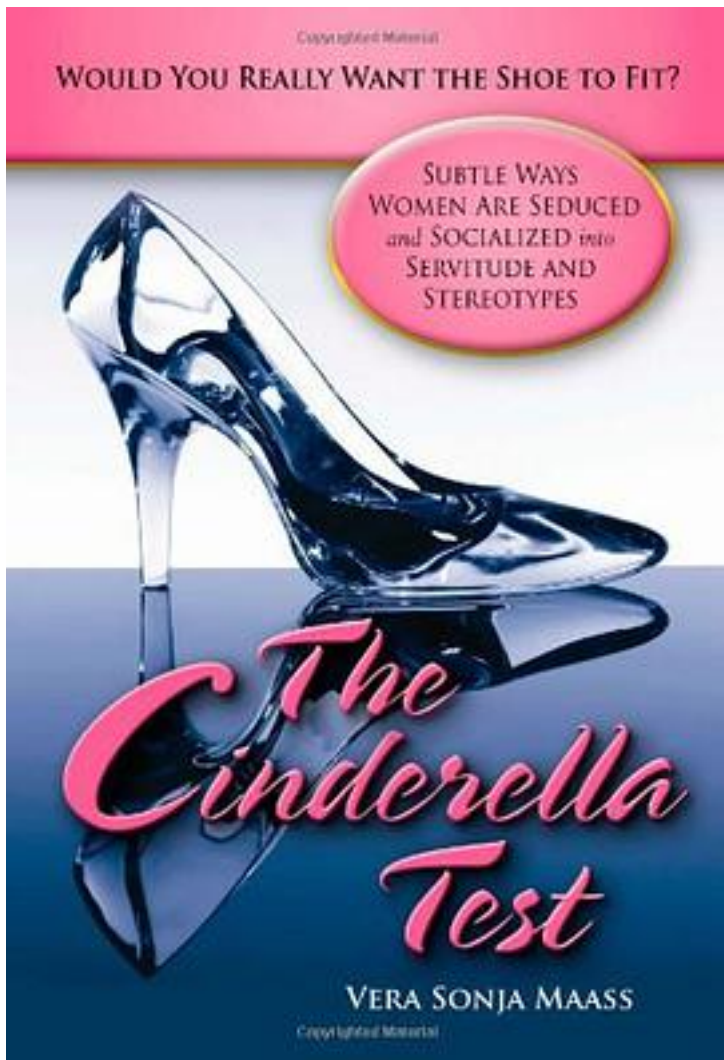


# The Cinderella Test



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著者:Maass, Vera Sonja, Ph.D.

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In this thought-provoking volume, clinical psychologist Vera Maass examines the negative side of the glory of Cinderella's promise: that women buying into the myth's demand for conformity risk losing their individuality and sacrificing their personal goals. Think the tale is too old or too innocent to be relevant? See television's "The Bachelor." Based on Maass' extensive psychotherapy work and interviews, "The Cinderella Test: Would You Really Want the Shoe to Fit?" provides answers and strategies to issues raised by clients in therapy and women in the community at large--women of all ages and backgrounds. Maass also integrates stories of women throughout history who broke through limits placed upon them by sociocultural expectations and achieved richer, more fulfilled lives. An eye-opening look at the choices and challenges faced by women today, "The Cinderella Test" shows the dangers of trying to make the foot fit the slipper, and why and how Cinderella herself should be doing the testing.

作者介绍:

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