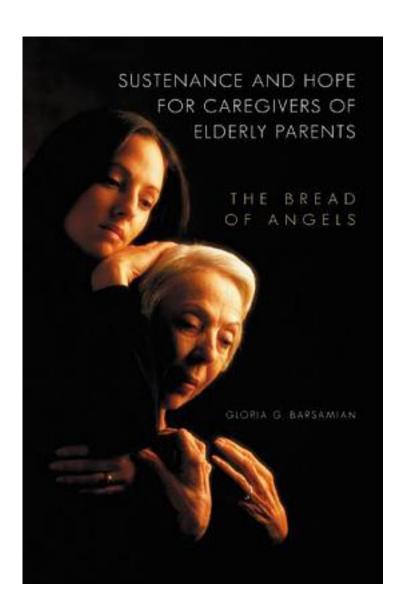
Sustenance and Hope for Caregivers of Elderly Parents



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For anyone facing this often overwhelming situation, "Sustenance and Hope for Caregivers of Elderly Parents: Bread of Angels" offers a wealth of insights from experienced caregivers, extraordinary personal stories, and most importantly, reassurance and support. It is a refreshing new vision of the positive potential for caregiving and the rewards that come with evolving relationships between adult children and their parents. Gloria G. Barsamian's remarkably perceptive new volume dispels the myth that caretaking is a thankless burden. Like no other work, it captures the emotions of today's millions of caregivers, as well as care-receivers, spouses, and grandchildren. A longtime social worker, Barsamian shows how old ways of thinking about caregiving can be replaced with new, healthier possibilities that enrich the lives of caregivers and care-receivers.

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