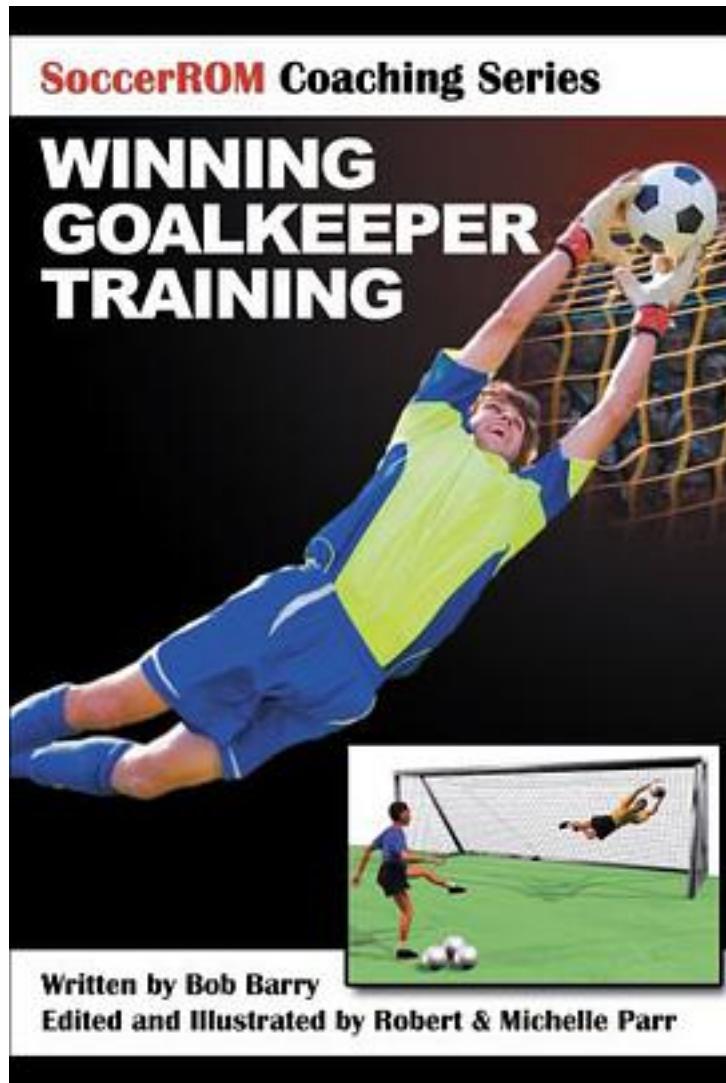


Winning Goalkeeper Training



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Winning Goalkeeper Training is a comprehensive guide to understanding all aspects of goalkeeping, including keeper-specific fitness, goalkeeping technique, goalkeeping tactics, and other functional training methods that integrate the keeper into full-team training. The book also features more than 200 illustrations.

作者介绍:

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