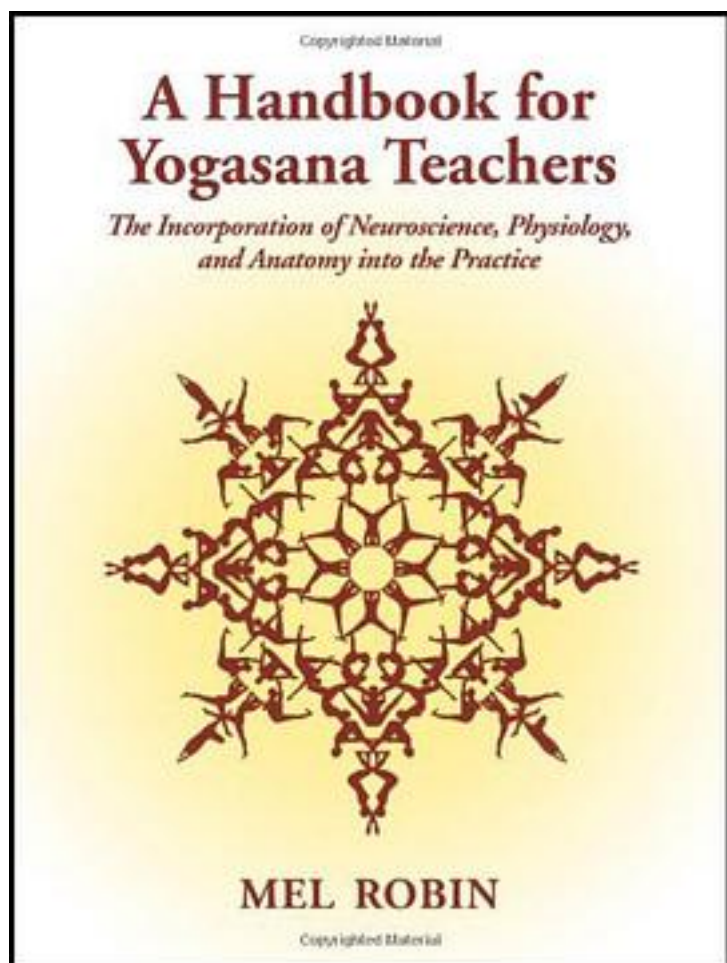


A Handbook for Yogasana Teachers



[A Handbook for Yogasana Teachers_ 下载链接1](#)

著者:Robin, Mel

出版者:Wheatmark Inc

出版时间:2009-4

装帧:

isbn:9781587367083

An excellent resource for teachers and students of yogasana, medical professionals, and bodywork practitioners, A Handbook for Yogasana Teachers presents novel aspects of physiology and neuroscience as they apply to the practice of yoga. If you

have ever wondered why we do yogasana as we do, you will likely find the answers within these pages.

作者介绍:

目录:

[A Handbook for Yogasana Teachers_ 下载链接1](#)

标签

评论

[A Handbook for Yogasana Teachers_ 下载链接1](#)

书评

[A Handbook for Yogasana Teachers_ 下载链接1](#)